


THE FIVE CHANGING PHASES AND THEIR CORRESPONDENCES

	Wood	Fire	Earth	Metal	Water
					
Action	Grow Germinate	Expand Assert Up	Stability Equilibrium	Harvest Gather	Contract Retreat
Alchemy	Chrysalis Origination	Synthesis Integration	Manifest Fulfillment	Dissolve Divide	Purge Catharsis
Strengthened by	Water	Wood	Fire	Earth	Metal
Weakened by	Metal	Water	Wood	Fire	Earth
Ba Gua Trigrams	Wind Thunder	Fire	Mountain Earth	Heaven Lake	Water
Num. Order	2	4	5	1	3
Last Digit of Year	4, 5	6, 7	8, 9	0, 1	2, 3
Hours	23:00 to 03:00	11:00 to 15:00 19:00 to 23:00	07:00 to 11:00	03:00 to 7:00	15:00 to 19:00
Planet	Jupiter	Mars	Saturn	Venus	Mercury
Zodiac Sign (Yang)	Tiger	Horse	Monkey	Dragon, Dog	Rat
Zodiac Sign (Yin)	Rabbit	Snake	Rooster	Ox, Sheep	Boar (Pig)
Season	Spring	Summer	(Liminal)	Autumn	Winter
Weather	Windy	Hot	Saturated Air	Dry	Cold
Color	Green	Red	Yellow	White	Blue
Sense	Sight	Touch	Taste	Smell	Hearing
Organs	Liver Gall Bladder	Heart Sm. Intestine	Stomach Spleen, Pancreas	Lungs Lg. Intestine	Kidney Bladder
Organ Systems or Functions	Endocrine Metabolism Reproductive	Nervous Cardiovascular Circulatory	Muscular Lymphatic Digestive	Respiratory Integumentary Skin & Hair	Skeletal Urinary Detoxifying
Chemical Composition	Carbohydrates	Lipids	Proteins	Nucleic Acids	Water
Brain Function	Language	Voluntary Movement	Judgment	Memory	Involuntary Movement
Body Part	Tendons	Blood Vessels	Muscles	Skin	Bones
Finger	Index	Middle	Thumb	Ring	Little
Taste	Sour	Bitter	Sweet	Pungent	Salty
Virtue	Benevolence	Discipline	Dignity	Integrity	Wisdom
Mental	Sensitivity Antagonism Relentlessness Determination	Motivation Happiness Outrage, Choler Ambition	Clarity Fear, Worry Anxiety, Phobia Endurance	Intuition Melancholy Pensiveness Rebel; Malcontent	Empathy Turmoil, Panic Overwhelm Confusion

THE FIVE CHANGING PHASES AND THEIR CORRESPONDENCES

	Wood	Fire	Earth	Metal	Water
Personality	Charity Benevolence Generosity Openness	Leadership Passion Sensuality Avarice, Greed	Confidence Diligence Patience Perseverance	Courageousness Independence Communication Rationalism	Diplomacy Congeniality Sociability Mercurial
Life Phase	Birth; Early Childhood	Pre-Puberty; Youth	Adolescence; Young Adult	Adulthood; Maturity	Old Age, Death, Conception
Life Aspects	Arts & Culture Writing Publishing Teaching Healthcare Academia	Innovation Leadership Government Technology Theater Politics	Law Business Finance Real Estate Marriage Fertility	Public Policy Social Justice Scholarship Military Strategy Conflict Defense Strategy	Spirituality Religion Diplomacy Global Relation Creative Fields Travel
Feng Shui	Plants, bamboo, resin, plastic, paper and books; wooden furniture; wooden decks, columns	Candles, lighting, triangular objects, sun symbolism, sunstone, reds and oranges	Clay, stone terracotta, ceramic, granite, mountains; imagery of natural landscapes	Coins, clocks, electronics, weaponry; swords, knives; wind instruments; white, gray, metallics	Glass mirrors; reflective surfaces; fountains, aquariums, seashells; lotus; crystal globes
Ba Zi	Fate (Birth)	Social Influence	Finances	Life Span	Talents
Mystical Art	Spiritual Cultivation	Divinatory Arts	Study of Appearances	Study of Fate & Destiny	Study of Healing Arts
Head of State	Agriculture	Military	Executive	Education	Justice
Ceremonial Offering	Plum	Apricot	Jujubes	Peach	Water Chestnut
Buddhist Divine Name	Vāyu वायु	Agni अग्नि	Ṙṥthvī पृथ्वी	Ākāśa आकाश	Āpa आप
Tibetan Bön	Wind Horse ལྷ་རྩེ་འཕེལ་བའི་ཐུང་པོ་	Fire མེ	Earth ས	Sky གནམ་	Water ལུ
The Five Aggregates	Vijñāna Awareness	Samskāra Idea Formation	Rūpa Physical Form	Samjñā Sensory Perception	Vedanā Tone/Feeling
Heavenly Stem (Yang)	甲 Jiǎ	丙 Bǐng	戊 Wù	庚 Gēng	壬 Rén
Heavenly Stem (Yin)	乙 Yì	丁 Dīng	己 Jǐ	辛 Xīn	癸 Guǐ
Earthly Branch (Yang)	寅 Yín	午 Wǔ	申 Shēn	辰 Chén	戌 Xū
Earthly Branch (Yin)	卯 Mǎo	巳 Sì	酉 Yǒu	丑 Chǒu	未 Wèi

From *I Ching, The Oracle: A Practical Guide to the Book of Changes* by Benebell Wen (North Atlantic Books, 2023)