






### Heaven (Qián), Sky: The Virtuoso

Trigram Name	Oracle Bone Script	Nature	Oracle Bone Script
Heaven 	 乾 Qian	 天 Tian	

Wu Xing	Qi Quality	Direction	Ritual Tool	Planet	Zodiac Animals
	Naturally occurring creative force that asserts itself. Innovation. Ingenuity. Divine inspiration.	西北 Northwest	笛子 Flute	金星 Metal Star Venus	狗 Dog
金 Metal	Petitioning a god or goddess. Increasing personal <i>shen</i> . Attunement to the celestial realm.	Moon Phase Full Moon	Qi in Nature 天 Sky		豬 Boar

The Head. A Circle. Jade. Metal. The Fruit of Trees.

Traits You'll Notice	Tall, regal, shows integrity, ethereal, decisive, exudes power and prestige, clarity of mind
Personages	Elders, seniors, leader, celebrity, aristocracy, positions of authority
Materials	Gold, jade, precious stones, mirrors
Land Forms	Verdant meadows, gardens, lush landscapes, the capital city
Building Structures	Public or government buildings
Weather	Clear and bright skies; ice and cold
Travel Forecast	Prepare to travel soon
Hour(s)	7 pm – 11 pm
Sound	Steady paced rhythms, a slow drumbeat
Totemic Animal <sup>1</sup>	Horse

<sup>1</sup> The totemic animal correspondences to the eight trigrams are sourced from the Ten Wings, Chapter III of the Eighth Wing. “說卦 – Shuo Gua [the Eighth Wing]” Chinese Text Project, accessed June 25, 2022, <https://ctext.org/book-of-changes/shuo-gua>. This should be differentiated from the zodiac animal correspondences.



## Han Xiangzi

韓 韓

湘 湘

子 子

AS A BOY, HAN XIANGZI climbed onto a sacred peach tree and fell asleep daydreaming. When he fell out of the tree, one of its branches saved him and Han achieved immortality. He was a talented flute artist and thus as an Immortal, is venerated by musicians.



Figure 5.7 Han Xiangzi: The Virtuoso  
Qing dynasty woodblock prints (1844 – 1899)<sup>2</sup>

His innate gifts are in transmutation and music, where his flute playing can tame wild animals. Given the association to a sacred peach tree, the implication is that Han is divinely blessed by the Queen Mother of the West.

Han was born into a prominent aristocratic family, but chose to live the life of a commoner, cultivating inner alchemy. Stories of Han Xiangzi often involve him giving prophecies, like the story of his attendance at his great-uncle's birthday, where he places a clump of dirt into an earthenware pot and uses his powers to instantly grow peonies. Then etched in gold upon the peony petals were the words, *Snow piles upon the Blue Pass, and my horse will not push on*. Years later, the great-uncle is dismissed from the emperor's court and banished from the capital. On his way out, the road along Blue Pass gets blocked by snowfall. The prophecy illuminated the darkest moment of the great-uncle's life.

The tragic romance between the immortal Han Xiangzi and Longnu, the Dragon Maiden, seventh daughter of the Dragon King, is popular folklore in China. Han Xiangzi was playing his flute by the shores when the Dragon Maiden heard him play. She swam to the surface of the seas and when

<sup>2</sup> W. Perceval Yetts, "The Eight Immortals." *The Journal of the Royal Asiatic Society of Great Britain and Ireland for 1916*. London, 1916. Images sourced from Qing dynasty woodblock prints (1844 – 1899).

he saw her, the two fell instantly in love. But her father, the Dragon King, forbade the romance and imprisoned his daughter under the ocean to keep the lovers apart. Her last gift to Han Xiangzi was a rod of magical gold bamboo, which the immortal turned into a flute. In one account, crops were failing across the provinces and the people were starving due to a severe drought. Han Xiangzi plays his magical flute and soon it begins to rain down from the heavens and the crops are magically restored.

Corresponding with the trigram Heaven is the archetype of the Virtuoso, like Han Xiangzi, who achieves spiritual awakening by way of a divine endowment. In Chinese, we'd call him a 天才 (tiāncái), meaning the blessing of a talent or ability from Heaven.

### ASCENT TO HEAVEN: SPIRIT BODY JOURNEYING

*Encountering the Mysterious Lady of the Nine Heavens*

The Ascent to Heaven spirit body journeying technique was foremost a children's game, though it seems to also have rather esoteric and spiritual undertones.

For the game, on the full moon eve of the Harvest Moon Festival in autumn, children would spin clockwise in circles as fast as they could while reciting certain Chinese nursery rhymes invoking Chang-Er, the moon goddess. The premise of the game is if you spin fast enough, your spirit will become so light it will instantaneously float up to the moon and you can catch a glimpse of the goddess, then will immediately descend back to earth into your physical body.

For the spirit body journeying technique, a similar approach to the child's game is used. The technique sends your astral body, or an aspect of your consciousness, to astral project to Heaven. For a brief moment, your astral body (that aspect of your consciousness) will be close to the celestial palace of Queen Mother of the West, and perhaps you will encounter her protégé, the Mysterious Lady of the Nine Heavens.

Start by fasting from sunrise to sunset. (Still continue to hydrate your body with water, however.) At the hour of sunset, as solar light begins its descent in the west, light nine sticks of incense. Traditional options for incense are sandalwood, cedar wood, frankincense, or pine. My preferred incense is



either sandalwood or cedar wood. Arrange the incense sticks in three rows of three, replicating a Lo Shu magic square.

Figure 5.8 A reproduction from a Chinese book of alchemy and meditation. Source: "The Secret of the Golden Flower" translated by Richard Wilhelm

Take great care ahead of time to ensure you have ample space for this exercise and that the space is sufficiently cleared to be safe. As the aroma of the incense smoke fills your space and the sun begins its descent, invoke the Lady of the Nine Heavens by holding your thoughts and a mental vision of her steadily. Endeavor to call out to her. A traditional method is simply a chant, reciting her name rhythmically. Alternatively, visualize your mind sending upward a cord, much like casting a line, and envisioning that an anchor at its end hits the base of Heaven and latches on.

Continue the visualization and proceed to spin clockwise in circles until you feel your astral body lightening. When you feel a noticeable shift and lightening of your consciousness, sit down in meditation position and close your eyes.

You will then feel your astral body ascending upward from the crown of your head and floating into the heavens for just a moment. As you alight upon Heaven, you will find yourself landing somewhere along the outskirts of the celestial palace or, if you're lucky, one of its outer courtyards. Take in the vision and move around to what extent you feel you can.

In your vision, does anyone see you? Does anyone speak to you? Having called upon the Lady of the Nine Heavens, she'll probably be the one to waiting for you. Since you've succeeded at journeying to Heaven, she'll have a prophetic message for you.

Listen closely, remember it, and be sure to thank her reverently. Also, do not forget to request that she convey your respects to the Queen Mother. You've alighted upon her palace grounds, after all, so it is only proper to acknowledge her.

Your astral body will then take the same path it took and return to your physical body. When you feel the shift of your astral body aligning back with your physical body, open your eyes and take in a deep breath to reactivate ordinary respiration and circulation in your body.

For the unpracticed, astral journeying can be a bit like dreams—it's hard to remember it clearly upon waking. It may take concerted effort to write down the vision immediately upon your return, before the recall slips away. Other times, you may have some impression that you went somewhere, but cannot remember any detail of it at all. After some practice, you'll learn to retain more of the memories and be able to recall the accounts with greater precision. In particular, strive to remember the prophetic message that you received. That part you'll definitely want to write down and remember.

After the journeying, especially since you fasted all day, treat yourself to a filling and satisfying evening meal.



Figure 5.9 Queen Mother of the West 西王母 (1772) by Gu Quan 顧銓  
Source: National Palace Museum, Taipei

**About the Queen Mother of the West:** Queen Mother of the West (西王母, Xīwángmǔ), invoked as the Western Mother on Shang dynasty oracle bones dating to 15th century BC,<sup>3</sup> a mother goddess at once associated with both love, marriage, and fertility, and also safe transition in death, funeral rites, necromancy, and the spirits of our ancestors. She is also the beloved mother goddess of religious Taoists who seek her guidance in the quest for immortality. Thus, she's also associated with alchemy.

<sup>3</sup> Suzanne E. Cahill. *Transcendence & Divine Passion: The Queen Mother of the West in Medieval China*. Stanford: Stanford University Press, 1993, 13-15.

## A JADE AMULET FOR POWER AND PROTECTION

THE WU 巫 SHAMAN uses jade to petition the spirits. From *Shuowen jiezi* 說文解字 (AD 100) by Xu Shen 許慎 (AD 58 – 148): 巫以玉事神 (wū yǐ yù shì shén).

When the Yellow Emperor prayed to the Queen Mother of the West for divine guidance, the Queen Mother sent the Lady of the Nine Heavens, who taught the emperor how to craft a powerful talisman made of jade. The magical tablets of knowledge that the ancestral spirit Fuxi gave to Yu the Great, with the secrets of sciences and magic revealed, were the Yùjiǎn 玉簡 jade tablets. The jade stone contains within it the *qi* resonant with the Jade Maidens of heaven, the spirit gatekeepers at the liminal points of the cosmos.

The recurring word “吉” (Jí) in the Zhouyi means good fortune, happiness, and contentment, an omen of success; the ideogram depicts a jade tablet to express that Heaven’s Will is aligned in your favor. Jade absorbs negative energy. When it breaks or when you lose it, it’s because it has taken the hit for you. It has absorbed so much toxic and malefic energies that it breaks from you so that it won’t affect you.






Many Asian and Pacific Islander cultures believe that as you pass jade stone from one generation on to the next, the jade heirloom will increase in power. The *bi*, or jade carved into a circular medallion with a circle cut-out in the center, has been a part of Chinese history since the Neolithic era, before 3000 BC.



If you only invest in one amulet for protection, prosperity, and ensuring good health, then invest in a piece of jade. The highest quality jade will be those found by river beds. Untreated jadeite jade is optimal and will become heirlooms, though nephrite is perfectly fine for use as a protection amulet. Serpentine is a great stone for connecting with the Queen Mother of the West.

Just by wearing jade while you perform rituals, divination, and invocations of the divine, the stone will absorb the celestial light from the divine presence and grow in power. The stone is believed to be a natural connection between Heaven and Earth, the celestial realm and the human, and so it also amplifies the efficacy of your divination rituals. The stone doesn’t need to be consecrated or treated in any particular way; just wear it and you are what activates its magical properties.



### Lake (Dui), Exchange: The Warrior

Trigram Name	Oracle Bone Script	Nature	Oracle Bone Script
Lake   Dui		 Ze	

Wu Xing	Qi Quality	Direction	Ritual Tool	Planet	Zodiac Animal
 金 Metal	Nourishing, sustaining force. Creating a servitor. Business success. Law. Exchange of energy; one reflects the other in an equal and opposite manner; mutual joy. Winning legal matters and/or negotiations.  Clear and shallow waters, fertile environment for growth.	西 West	葵扇 Fan	金星 Metal Star Venus	 Rooster
		Moon Phase Waxing Gibbous	Qi in Nature 澤 Marshes		

The Mouth	The Sorceress. <sup>4</sup> Harvest. Salt.
<i>Traits You'll Notice</i>	Happy, charismatic, expressive, a good writer or orator, likes to gossip, does not take criticism well
<i>Personages</i>	Young children, hospitality service occupations, writers, researchers; law
<i>Materials</i>	Silver, light metals, ornamentals, metal instruments
<i>Land Forms</i>	River banks, marshes, wetlands, valleys
<i>Building Structures</i>	Walls, metal-heavy urban areas, fences
<i>Weather</i>	Rainy and cloudy

<sup>4</sup> The reference to the Lake (Dui) trigram corresponding with The Sorceress comes from the Ten Wings itself, in the Shuo Gua, or Eighth Wing: 兌為澤，為少女，為巫 (Dui wèi zé, wèi shàonǚ, wèi wū). “為” essentially means to become, turns into, is or to be, to beget, and governs, or gives power to. Thus the line reads, “Lake (Dui) gives power to the marshes, gives power to the maiden (or youngest daughter), gives power to the wu shaman.” “說卦 – Shuo Gua [the Eighth Wing]” Chinese Text Project, accessed June 25, 2022, <https://ctext.org/book-of-changes/shuo-gua>.



Lake (Dui)

*Travel Forecast*

Difficult personalities while traveling

*Hour(s)*

5 pm – 7 pm

*Sound*

Chimes, sound of bells, clanging

*Totemic Animal*

Sheep, *also*: Tiger

## Zhong Li Quan

*Also*: Jidao 寂道

鍾 鍾  
離 離  
權 權

ZHONG LI QUAN WAS A NECROMANCER with the ability to resurrect the dead. He possessed a magical fan that can change stone into gold and silver.



Figure 5.10 Zhong Li Quan: The Warrior  
Qing dynasty woodblock prints (1844 – 1899)<sup>5</sup>

Zhong was a warrior general who fought the northern Huns, but after a brutal defeat in battle, he lost his way. Directionless, Zhong abandoned his military life to study alchemy. Through his studies, Zhong achieves immortality.

He then returns to the lay world, defeating monsters with his flying daggers and transforming stones into gold and silver to enrich the commoners. Spiritually awakened, he goes back to military service as a warrior general.

<sup>5</sup> W. Perceval Yetts, "The Eight Immortals." *The Journal of the Royal Asiatic Society of Great Britain and Ireland for 1916*. London, 1916. Images sourced from Qing dynasty woodblock prints (1844 – 1899).



Zhong also possesses the ability to ward floods and pandemics. In one legend, he uses his magical fan as a dam to stop a flood from destroying a province. In another, he comes upon a village ravaged by a plague and sees dead parents and orphaned children strewn across the streets. Zhong resurrects the parents, bringing them back to life, reuniting the families. Another story accounts a time when Zhong Li Quan fights off a demon python who was attacking innocent villagers.

Zhong Li Quan is the patron divinity of ceremonial magicians, necromancers, shamans, and alchemists. His most notable power is his alchemical ability to transform stones into gold, which he does to save commoners from poverty and to bless people with prosperity when they call upon him. He endows generously with funds when you are in need. Thus, among mystics he's associated with prosperity or money magic, with spell-crafting for the purposes of transforming what you already have into what will bring you more wealth and gains.

Although the trigram Lake is associated with a more placid, joyous, and calm state, the archetype of the Warrior is attributed to Lake through Zhong Li Quan. The strongest of warriors will have cultivated the demeanor of Lake, not of the more commonly associated Fire or Thunder, despite Zhong Li Quan being known for his fiery, fierce temperament. As an immortal, however, what enables him to be a fearsome warrior isn't his fiery temperament, but the calm and the control he commands underneath the surface, and so the *qi* is still Lake. True mastery over martial arts requires the sustaining, mindful, and calm state of Lake, while the changing phase of Metal arms and propels the warrior's movements.

The Metal Wu Xing phase that propels the state of Lake is manifested in Zhong Li Quan's flying daggers. Lake is also associated with material prosperity, and Zhong Li Quan can be petitioned for prosperity magic, supported by Lake,

Like the progression of lines in Lake, Zhong Li Quan evolves from the aggression of the double yang lines to the calmer state in the end. Zhong's association with Lake is also a testament that the Warrior archetype and the greatest of martial artists are not belligerent or combative.

## GROWING PROSPERITY AND BUSINESS SUCCESS TALISMAN



Figure 5.11 Prosperity Lake Talisman

The trigram Lake is the core component that produces joy and exchange. Harmonious exchanges beget joy; hence the two are connected. Lake is the image of a shallow but fertile medium for culturing blessings, work products, and growth. This is a talisman imbued with the *qi* of Lake to help you grow a business to achieve success or steadily cultivate prosperity by ensuring the fertility of the *qi* in your environment.

Taking inspiration from Zhong Li Quan's abilities, you'll be figuratively transmuting a "stone" in your possession into "gold" by using the Lake trigram. There is no need to take the stone reference too literally. For example, my preference is to use a tiny porcelain bottle for crafting this prosperity talisman.

The first step is to energetically clear the object you will be charging into a talisman. Sandalwood, cedar wood, and frankincense are examples of woods and resins that are historically associated with purification. Thus, passing the object through the smoke of such incense will clear it.

If the selected medium won't be harmed by it, then cleansing it with alcohol also works. Other methods of energy clearing include placing it under direct sunlight or for a bath under moonlight, selecting either the yang sun or yin moon based on the metaphysical correspondences of your object.

A more solar object such as an object in the color red or yellow or composed of metal will do better with energy purification under the sun.

A more lunar object in the color white or the opposite, black and very dark colors or composed of a yin material such as a pale, subtle colored jade (intense green and brightly toned jade is yang) would do better under the moon.

The best time for crafting this talisman is the full moon, given its correspondence to the trigram Lake.

After the object has been energetically cleared, light seven sticks of incense (the numerology of seven corresponds with Lake, per the Lo Shu). The incense will protect your ritual space while you work.

Charge the object with the *qi* of Lake by inscribing it with either the trigram lines or the oracle bone script for "Lake." Paint it onto the object with permanent ink. Personally, I don't mind using permanent marker, but that may be too non-traditional for purists. If you're opting for a tiny bottle, paint Lake onto parchment, roll it up into a scroll, and tuck it inside the bottle. You can add in sprinkles of gold dust, cinnamon bark, cowrie shells, or well-cleaned fish bone. The word for fish "魚, Yú" is a homophone for abundance, affluence, plenitude, and riches "裕, Yù." The intentional synchronicity connects their *qi*.

Critical to this working is your mindset while you craft. You must set aside all thoughts or emotions that can challenge or block the flow of prosperity *qi* toward you, such as pessimism, negativity, self-doubt, self-criticism, skepticism, etc. The *qi* of these thoughts and emotions block and challenge the *qi* of the goals you're intending to achieve. Visualization of your prosperity and business success, on the other hand, help to increase the momentum of the *qi* you seek to harness. Incantations work because they ensure that your thoughts and emotions give momentum to the right kind of *qi*.

Thus, repeating an affirmation or short poetic spell you've drafted will significantly increase the efficacy of this work. The intention should be around the theme of prosperity, business or financial success, and security of your livelihood to ensure perpetual abundance.

Once you've completed inscription of the Lake trigram, recite words in closing, such as "Ji ji r ulu ling" (急急如律令), a Taoist magical incantation equivalent to "So mote it be" or "Amen." Alternatively, conclude your thoughts in a deliberate way, ending with a convincing and confident affirmation to yourself that the talisman you've crafted will multiply your financial gains manifold, that this talisman shall keep you financially secure at all times and ensure your material prosperity.

All of the foregoing should be complete before the seven sticks of incense have extinguished. Let the energy workings settle within the talisman by keeping it on your altar, close to the incense. When all seven sticks of incense have extinguished in the natural course, your talisman is fully charged.

The talisman can be kept on the person at all times, if you prefer that, or stored in a location related to your source of financial income. This can be the top drawer of your office desk, near your work computer, in a cash register if you own a storefront, or in a feng shui prosperity bowl in your home.

## CRAFTING A DHARMA FAN



Figure 5.12 The Mystic's Dharma Fan

Inspired by Zhong Li Quan, the Dharma Fan (法扇) is a ritual folding fan crafted by Taoist ceremonial magicians. Historically the fans would have been made from bird feathers, handwoven leaves, or silk. Zhong Li Quan's magical fan is traditionally depicted as being made out of banana leaf. In the present day, paper fans are more common. The folding fan consists of ribs made from bamboo or animal bone. Iron fans were also used in warfare, and in a beloved 16th century Chinese novel, *Journey to the West* about the Monkey King and an entourage of misfits, there's a story of an encounter between the Monkey King and a Princess Iron Fan, a demoness in possession of a powerful magical fan.

The mystic's Dharma Fan is a form of magical and psychic protection. You can use it as a form of defensive or protection magic, especially while traveling.

The folding Dharma Fan resembles a bat wing. In Chinese symbolism, bats represent good health, longevity, peace, and prosperity. Typically, one side of the fan represents the exoteric, which will be decorated with an ornamental design or artwork, while the other side of the fan represents the esoteric, where Fu talismanic sigils will be inscribed. Most mystics might be willing to show you the exoteric side of their ritual fan, but are unlikely to show you the esoteric side that is empowered with their custom sigils.

To craft your own Dharma Fan, acquire a paper folding fan. Every region of Asia has their own culturally specific version of the folding fan (which doesn't necessarily need to fold; for

instance, the banana leaf fan isn't technically a folding fan). Opt for one that attunes you to the cultural heritage you're seeking to connect to.

Blank paper folding fans with just the parchment can be purchased and painted upon. Alternatively, purchase one with ornate décor on one side, which will be the side of your ritual fan corresponding to the exoteric, and then hand-paint your own talismanic sigils on the other side, which will correspond with the esoteric.

Each lineage of Taoist mystery tradition will have its own proprietary method of crafting a ritual Dharma Fan, and individual practitioners will have their own personalized processes. Thus, there isn't any "right" or "wrong" to this craft. In an initiated setting, for instance, you would ignore any instructions given here and adhere strictly to the traditions within your lineage.

The following instructions offer a generic crafting method. It will work sufficiently for you until you are able to independently craft your own method. A personally tailored Dharma Fan will always be more powerful than generic instructions.

To start, you'll need to know the Chinese zodiac animal corresponding to your birth year (based on the lunar calendar). For example, I was born in September of 1981 per the Gregorian calendar, which corresponds with the Rooster.

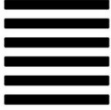















Recall the Eight Spirit Helpers covered in Chapter 3 on Taoist Mysticism and Magic. You'll be inscribing the Spirit Helper that is the double of the trigram corresponding with your zodiac animal. In my case, since I'm the Rooster and Rooster corresponds with the trigram Lake, my Spirit Helper would be Lake over Lake, or Hexagram 58.

Bear in mind that these correspondences aren't always accurate—you might be the exception, not the rule, especially since the zodiac sign corresponds with everyone born in your year. The other metrics of your natal chart could very well mean that you don't conform with the typical traits of your zodiac sign. So discretionary judgment calls are needed here. You may have to override the generic instruction and manually select one of the eight Spirit Helper hexagrams.

Locate the hexagram entry in the I Ching. Take your time reading it and reflecting on your mind's response to it, then your body's response, and your spirit's response. Colors, a landscape, whether realistic or conceptual, shapes, formations, and flow of lines will begin to form in your mind in response to your connection to that hexagram.



Table 5.14 Spirit Helpers for Your Zodiac Animal

HEAVEN: 1 QIAN		LAKE: 58 DUI		FIRE: 30 LI		THUNDER: 51 ZHEN	
							
							
Dog	Boar	Rooster		Horse		Rabbit	
Protection of the Celestial Father		Career Success & Inner Peace		Commanding the Power of Attraction		Thunder Magic, Control of Elements	
WIND: 57 SUN		WATER: 29 KAN		MOUNTAIN: 52 GEN		EARTH: 2 KUN	
							
							
Dragon	Snake	Rat		Ox	Tiger	Sheep	Monkey
Prosperity & Abundance		Safe Journeys & Power to Heal		Spiritual Awakening & Mastery of Alchemy		Protection of the Earth Goddess	

If you are working with a fan that already has art on both sides that you don't want to interfere with, then leave it as-is physically, but psychically "paint" the artwork you're seeing through your mind's eye onto the esoteric side of your Dharma Fan. Harness as much personal *qi* as you can and use it to psychically project the art you see in your mind onto the canvas of the fan.

If you are working with a blank canvas for the esoteric side of your fan and you're interested in painting it, use ink and watercolors as your medium, Replicate what you saw in your mind's eye onto the esoteric side of the Dharma Fan.

When complete, add the hexagram lines, which you will draw bottom up, and the oracle bone script of the word associated with that hexagram onto the painting. If you had "painted" it psychically in a virtual manner, you'll want to actually and physically paint the hexagram lines and oracle bone script onto the fan.

Note the thematic correspondences to your Spirit Helper hexagram. For example, mine would be “Career Success & Inner Peace” because that is the thematic correspondence to Rooster. Recite the themes as a form of energetic intention setting while you draw the hexagram lines and oracle bone script.

It is then common in Taoist magical traditions to stamp the work with your signature practitioner’s seal. In initiatory traditions, you might be given one that represents your lineage, and so you would stamp such workings with both the lineage seal and your own practitioner’s seal. Among solitary practitioners, you might have various pre-set seal stamps petitioning patron deities or with seals you’ve worked with over long periods of time that now have their own empowered *qi*. These would all get stamped onto your Dharma Fan.

Light seven sticks of incense on your altar and place your completed fan on the altar. When the incense sticks extinguish in their natural course, the charging of your Dharma Fan is done.

This can be kept on your altar when not in use, and taken with you when you travel abroad. The Dharma Fan will serve as a personal talisman of protection while away from home. Alternatively, it can simply stay at home and be used in rituals as a means to control the flow of *qi* around your work space during the rite. Another use for the Dharma Fan is to “fan” away malefic or poisonous *qi*.

