



SIGHTSEE THE TAROT is a YouTube video series that takes you on a tour of the tarot, from discovering new books and tarot thought leaders to workshopping classic tarot spreads and tinkering with particular tarot decks.

Series Page: tinyurl.com/sightseethetarot
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Episode: Tarot Tableau: The Fool's Journey

The Tarot Tableau: Twenty-Two Journaling Prompts

<https://tinyurl.com/tarottableau22>

The Tarot Tableau is a comprehensive, versatile, and power-packed reading method presented by Thomas of Hermit's Mirror. The following 22 journaling prompts is excerpted from his book, *Tarot Tableau: The Fool's Journey* (2020). In this guided video tutorial, we will be walking through the Standard Grid version of the Tableau and journal through 22 question-and-answer writing prompts. This handout is keyed to the Rider-Waite-Smith. If you're using a Marseilles-based deck, switch Prompt 8 and 11 with each other.

0	HOUSE OF THE FOOL	Journey's Start
Card Drawn:		
Key Notes:		
What kicks off this phase of my journey?		

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1	HOUSE OF THE MAGICIAN	Individualism
Card Drawn:		
Key Notes:		
How is my individuality expressed during this?		

2	HOUSE OF THE HIGH PRIESTESS	Intuition
Card Drawn:		
Key Notes:		
What provides my intuition with great wisdom?		

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3	HOUSE OF THE EMPRESS	Creativity
Card Drawn:		
Key Notes:		
What can I bring to life during this journey?		

4	HOUSE OF THE EMPEROR	Structure
Card Drawn:		
Key Notes:		
What provides this journey with structure?		

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5	HOUSE OF THE HIEROPHANT	Tradition
Card Drawn:		
Key Notes:		
What lessons can traditional institutions offer?		

6	HOUSE OF THE LOVERS	Romance
Card Drawn:		
Key Notes:		
What brings me into happy union with another?		

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7	HOUSE OF THE CHARIOT	Drive
Card Drawn:		
Key Notes:		
How do I maintain integrity and determination?		

8	HOUSE OF STRENGTH	Resilience
Card Drawn:		
Key Notes:		
What gives me the strength to overcome?		

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9	HOUSE OF THE HERMIT	Introspection
Card Drawn:		
Key Notes:		
What requires me to look deeper inward?		

10	HOUSE OF THE WHEEL OF FORTUNE	Prosperity
Card Drawn:		
Key Notes:		
What helps me succeed on this journey?		

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11	HOUSE OF JUSTICE	Objectivity
Card Drawn:		
Key Notes:		
What tests the limits of my objectivity?		

12	HOUSE OF THE HANGED MAN	Suspension
Card Drawn:		
Key Notes:		
What prevents me from taking action?		

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13	HOUSE OF DEATH	Transition
Card Drawn:		
Key Notes:		
What do I need to let go so that it can transform?		

14	HOUSE OF TEMPERANCE	Moderation
Card Drawn:		
Key Notes:		
How do I stay balanced during this journey?		

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15	HOUSE OF THE DEVIL	Bondage
Card Drawn:		
Key Notes:		
What ties keep me bound to base desires?		

16	HOUSE OF THE TOWER	Crisis
Card Drawn:		
Key Notes:		
What forces me to restructure my old approach?		

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17	HOUSE OF THE STAR	Hope
Card Drawn:		
Key Notes:		
How can I maintain hope in the face of uncertainty?		

18	HOUSE OF THE MOON	Illusion
Card Drawn:		
Key Notes:		
What tests my ability to see and think clearly?		

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19	HOUSE OF THE SUN	Innocence
Card Drawn:		
Key Notes:		
How can I reconnect with a child's sense of wonder?		

20	HOUSE OF JUDGEMENT	Awakening
Card Drawn:		
Key Notes:		
What am I called on to awaken within myself?		

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21	HOUSE OF THE WORLD	Journey's End
Card Drawn:		
Key Notes:		
What energy must be mastered at the end of all this?		

PRIMARY FOCUS RIGHT NOW:

Identify the House that your Key 0 Fool card fell in. This is the primary focus of your current journey. This is where you want to concentrate on if you seek progress and advancement.

THE CENTRAL CARD:

Is your Key 0 Fool card in the first two rows (i.e., Houses 0 – 5 or Houses 6 – 10)? If yes, then your Central Card is in the House of Strength: House #8.

If your Key 0 Fool card is in the bottom two rows (i.e., Houses 11 – 15 or Houses 16 – 21), then your Central Card is in the House of Death: House #13.

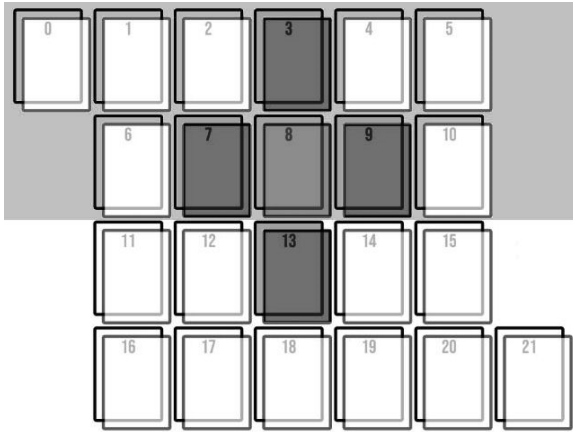
The cards that surround and are adjacent to your Central Card is the Heart of the Tableau. You'll want to pay closer attention to reading this sub-spread of cards.

Return to your written entries for each of the 22 houses and make an additional note for the following:

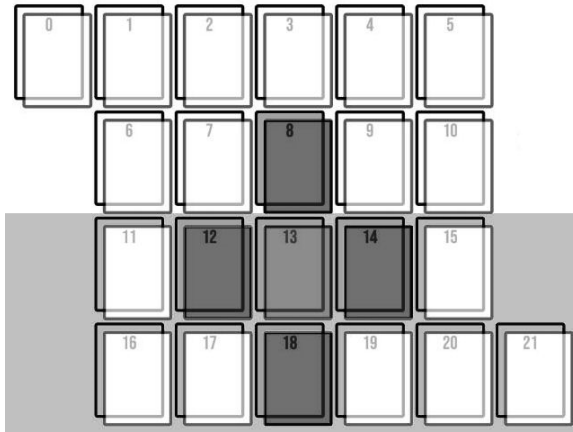
- Primary Focus Right Now
- Your Central Card
- Cards in the Heart of the Tableau

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HEART OF YOUR TABLEAU



If Key 0: The Fool card appears in one of the houses in the top two rows, then the shaded cross designates the Heart of your tableau.



If Key 0: The Fool card appears in one of the houses in the bottom two rows, then the shaded cross designates the Heart of your tableau.

CENTRAL CARD, "The Why" of It
<p><i>If your Key 0 is in the top two rows, then your Central Card is in House 8. If your Key 0 is in the bottom two rows, then your Central Card is in House 13.</i></p> <p>Central Card:</p>
<p>Key Notes:</p>
<p>If House 8 → Your key strength is the primary driving force that has gotten you here. If House 13 → You are thrust into a state of transition. You are being compelled to change, to evolve, to transform and perhaps even to transcend.</p>
<p>Reading the preceding explanation of the "why" of it all, depending on whether your Central Card is in House 8 or 13, free-write your immediate and emotional reactions to the explanation.</p>

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VERTICAL: TOP & BOTTOM CARDS, Unseen Forces	
Top Card:	Key Notes:
Bottom Card:	Key Notes:
What does the pair of cards forming the vertical of the cross tell you about spiritual, emotional, and internal forces driving your present journey?	

HORIZONTAL: LEFT & RIGHT CARDS, Manifested Forces	
Left Card:	Right Card:
Key Notes:	Key Notes:
What does the pair of cards forming the horizontal of the cross tell you about material, physical, or externalized forces influencing your present journey?	

