

# 2019 Metaphysician's Day Planner

## Divinity Page Options

Note that text in **blue font and highlighted yellow** will not be part of the actual entry in your Metaphysician's Day Planner. Text in **blue font and highlighted yellow** are for reference only.

### Master List of All Divinity Page Options

Archangel Gabriel	2
Archangel Michael	3
Archangel Raphael	4
Archangel Uriel	5
Archangel of Glory	6
Archangel of Healing	7
Archangel Commander	8
Archangel of Mysteries	9
Amithaba Buddha	10
Bei Di	11
Elemental: Air	12
Elemental: Earth	13
Elemental: Fire	14
Elemental: Water	15
Empress Mother of the West	16
Four Directional Deities	17
Fu Talisman for Business and Financial Gains	18
Grand Duke of the East	19
Ganesha	20
Glory and Greatness Talisman	21
Health and Wellness Talisman	22
Koi Fish (Secular; Non-Denominational)	23
Kuan Yin	24
Lady of the Ninth Heaven	25
Marici	26
Om Mani Padme Hom	27
Qi Energy Crystal Charging Grid	28
Roster of Chinese Fu Sigils for Spell-Crafting	29
Seal of Lao Tzu	32
Travel Protection Talisman	33
Vajrayogini	34
Zhu Rong	35

## Archangel Gabriel



### **ARCHANGEL GABRIEL**

Have faith. You are watched over and protected. I am here for you.

Gabriel is the archangel of revelation, illuminating your darkness and guiding those who traverse the realms of shadow. Call upon Archangel Gabriel to help you uncover the sacred mysteries. As a divine messenger for God, the archangel can be called upon to assist with receiving prophecy, though typically, one communes directly with God, seeks out God's revelations, and then God sends Gabriel. Thus, at the behest of God, Gabriel reveals. He shows you the way. Archangel Gabriel protects you against all forms of darkness. His symbol is the illuminated lantern. He is associated with the metaphysical element Earth.

Image source: Archangel Gabriel (The Annunciation) by Pinturicchio (1501)

## Archangel Michael



### **ARCHANGEL MICHAEL**

Have faith. You are watched over and protected. I am here for you.

Archangel Michael is the archangel commander of God's forces. He is a warrior. He fights against heresies. It is Michael who defeated Satan. Seek out Archangel Michael to help you navigate the shadow, to help you defeat your own demons. Michael's symbol is the spear. "Take the helmet of salvation and the sword of the Spirit, which is the word of God." Ephesians 6:17. Pray to and invoke Michael to bring you strength, conviction, courage, and manifest his fearlessness. Archangel Michael is associated with the metaphysical element Air. Commune with Michael through the smoke of incense, particularly frankincense or myrrh.

Image source: Archangel Michael by Guido Reni (1636) Santa Maria della Concezione Rome



## Archangel Raphael



### **ARCHANGEL RAPHAEL**

Have faith. You are watched over and protected. I am here for you.

Archangel Raphael is the archangel of the healing arts and the sacred arts. His symbol is an alabaster jar filled with healing oil. Prayers and invocations to Raphael bring divine protection for you. Call upon Archangel Raphael for healing, recovery, longevity, physical, emotional, and spiritual health. He is also the patron of those in the health and healing professions, of travelers, and of those seeking a harmonious marriage. Archangel Raphael is associated with the metaphysical element Water, and can also be petitioned to assist in ritual purifications by water.



## Archangel Uriel



### **ARCHANGEL URIEL**

Have faith. You are watched over and protected. I am here for you.

Archangel Uriel, “the Light of God,” is the archangel of glory, patron of the arts, and bringer of salvation. Uriel’s symbol is both the flame and papyrus scroll, representing wisdom and knowledge. Uriel is a luminary and in turn, an angel who oversees luminaries and thought leaders here on earth. Powerful and a force to be reckoned with, Archangel Uriel is associated with a flaming sword, and associated with thunder and lightning. As a regent of the sun, Uriel is linked to the metaphysical element Fire. Commune with Archangel Uriel through the Sacred Flame.

Image source: Archangel Uriel (Saint Uriel) by James Powell and Sons of the White Friars Foundry (1888)

## Archangel of Glory

### ARCHANGEL OF GLORY



Angel of Art and Grace

Archangel of Glory, unto whom my heart is open, and unto whom I speak, and from whom nothing in my soul is concealed: I pray of you to illuminate my mind, endow me with clear Sight, and help me to deepen my knowledge and wisdom of all things.

The Archangel of Glory is a patron of the arts and bringer of salvation. This is the Angel of Glory and Grace. His symbol is both the flame and papyrus scroll, representing wisdom and knowledge. Above the Archangel's magic square in Latin: "Ignis aurum probat" (fire tests gold). The Archangel of Glory is a divine teacher of the arts and all forms of scholarship. Call upon the Angel to facilitate success in artistic, literary, academic, or scholarly endeavors. He is also known as having the sharpest and clearest vision of all the heavenly spirits, and can be called upon to lend his Sight.



## Archangel of Healing

### ARCHANGEL OF HEALING



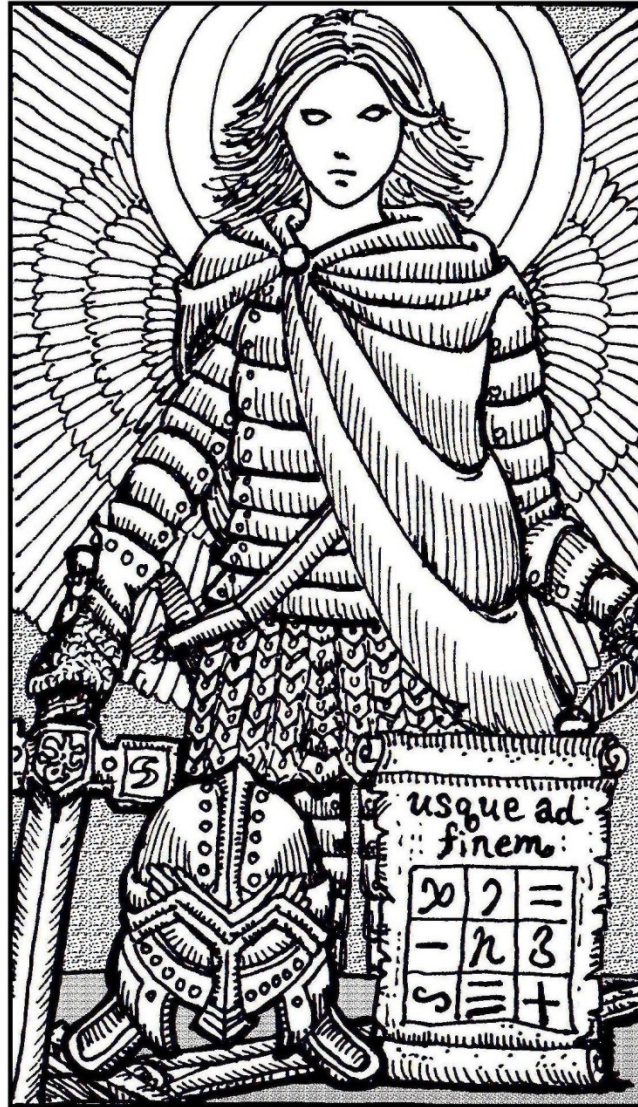
Angel Who Salves and Purifies

Archangel of Healing, unto whom my heart is open, and unto whom I speak, and from whom nothing in my soul is concealed: I pray of you to cleanse me, purify me, salve me, and heal me.

She is the Exalted One. The Archangel of Healing is a reigning angel over the healing arts and purification of mind, body, and soul. Her symbol is an alabaster jar filled with healing oil. The Angel Who Salves and Purifies holds her alabaster jar in her left hand and floating above her right hand is a fish from her healing wells. Here, the fish also calls to mind the phrase, "a fish out of water," and yet the fish looks calm and assured; likewise, the Archangel of Healing brings calm and assurance even when we are the fish out of water. She guides us through precarious times, and she is there to salve, heal, and purify when we are diseased, debilitated, feeble, or unwell.

## Archangel Commander

### ARCHANGEL COMMANDER



Angel of Storms and Battles

Archangel Commander, unto whom my heart is open, and unto whom I speak, and from whom nothing in my soul is concealed: I pray of you to defend me, protect me from those who seek to harm me, to help me safely navigate the storms, and forge me with fearlessness to face my adversaries.

Here is the lead commander of the Divine Forces. He is the most powerful and most formidable of Heaven's Warriors. His full title is the Archangel Commander of the Light. The Archangel's symbol is the spear, though the spear can shapeshift into other weapons as needed. Pray to and invoke the Archangel Commander to bring strength, conviction, courage, and manifest fearlessness. He is tasked to assist the Keeper with navigating storms, inner and outer, and to defeat any demons that threaten to harm the Keeper. Upon the scroll above the Angel's magic square in Latin: "Usque ad finem" (to the very end). The Angel of Storms and Battles will defend the Keeper and protecting against all malefic attacks and snares.



## Archangel of Mysteries

### ARCHANGEL OF MYSTERIES



Angel Who Illuminates the Shadow

Archangel of Mysteries, Angel of Revelations, unto whom my heart is open, and unto whom I speak, and from whom nothing in my soul is concealed: I pray of you to illuminate the darkness in my heart, the shadows that veil my eyes, I pray for safe journeying through the underworlds I traverse, and I pray of you to shine your Light on the path for me to walk, always.

The Archangel of Mysteries is the angel of revelations. She confers the gift of divine prophecy. She is also known by her title Archangel of Revelations. She is an angel connected to the underworld, one authorized to act as an intermediary and mediator between the angelic realm still subservient to the Divine and the realm of the fallen angels. She can also traverse through all of the lower realms to guide lost souls.

The Archangel of Mysteries illuminates the darkness and assists those who traverse the realms of shadow and helps us to uncover mysteries. This is the Archangel who protects against all forms of inner darkness. Her symbol is the illuminated lantern. The Angel Who Illuminates the Shadow is entrusted by the Divine to hold the most sacred of powers: To give Life and administer souls from the formless world into the material.

## Amithaba Buddha



MANTRA TO INVOKE THE COMPASSIONATE BUDDHA

### **Namo Amitofuo**

Historically regarded by Chinese Taoist practitioners as the mantra to cultivate high magic and personal power, the mantra to Amithaba (Amitofuo) is used for protection, psychic defense, and amplification of your personal Qi energy or life force for improved inner strength. Repetitions of “Namo Amitofuo” are believed to attune you closer to the vibrational frequency of Divinity and to facilitate spiritual ascension.

Amitofuo is the celestial Buddha in Mahayana Buddhism who gained Buddhahood karmically through good deeds. Prior to Buddhahood, he was a bodhisattva from another universe, Dharma Kara. After Buddhahood, Amitofuo created a heavenly realm called the Pure Land in the West. Attunement with Amitofuo through recitation of the Namo Amitofuo mantra gains entry into the Pure Land.



## Bei Di



### UNDER THE PROTECTION AND GUIDANCE OF BEI DI, GOD OF THE NORTH

You are connected to me and I will guide you.  
I answer through omens that I place in your path.

Bei Di, the God of the North, associated with the animal totems the black tortoise and the snake, is a dark warrior god characterized as powerful, formidable, and courageous. He is a master of exorcisms and defeating demons. The tortoise and snake spirits he controls are said to have been demons that were ravaging earth. Bei Di came down from heaven, defeated the demons and brought them under his control. They now do his bidding for good and to help people who call upon the God of the North for help. Bei Di is venerated as a powerful god of magic and often called upon to assist with weather magic, exorcisms, protection during summonings and conjurings, banishments, and other forms of high magic.

## Elemental: Air



### Activating Air and Fortifying the Personal Energetic Field with Air

Air is the metaphysical force that manifests the personal dynamic power of sovereignty—the power to protect yourself from harm and the power to punish those who harm you. Cultivate a stronger fountainhead of dynamic Air power inside of you to establish personal sovereignty and to wield power over others so they don't have power over you.

#### CHAKRAS TO ACTIVATE FOR INNER ALCHEMICAL CULTIVATION OF AIR

##### Solar Plexus Chakra

*Location:* Naval area; solar plexus

*Power Acquired:* Individuality; personal power

*Vedic Mantra:* Ram

##### Throat Chakra

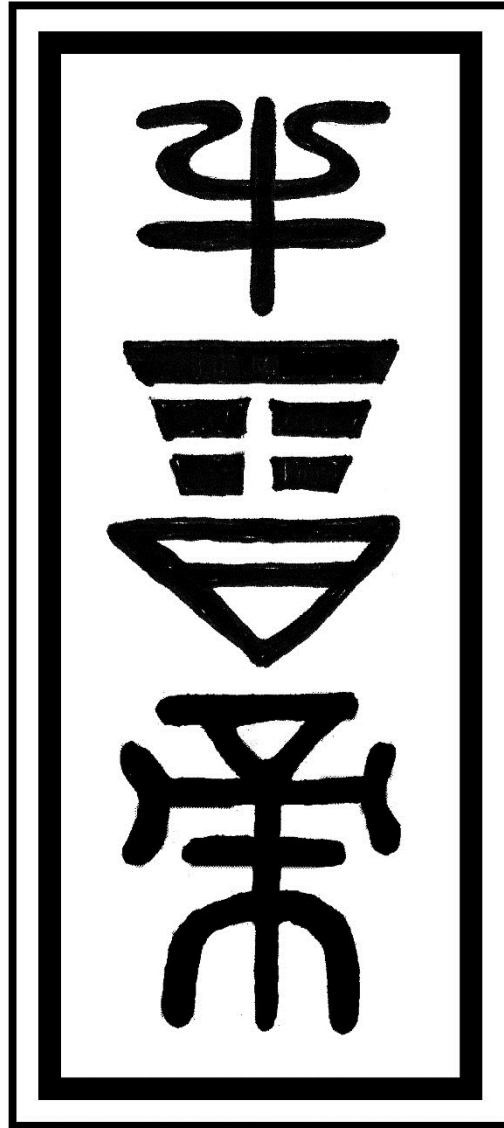
*Location:* Throat, neck area

*Power Acquired:* Personal, social, intellectual expression; clarity of communication

*Vedic Mantra:* Ham



## Elemental: Earth



### Activating Earth and Fortifying the Personal Energetic Field with Earth

Earth is the metaphysical force that manifests the personal dynamic power of building social capital so that you have what others want and therefore can exchange it for what you want. Cultivate a stronger fountainhead of dynamic Earth power inside of you to manifest prosperity, material abundance, financial success, and a strong professional network.

#### CHAKRAS TO ACTIVATE FOR INNER ALCHEMICAL CULTIVATION OF EARTH

##### Root Chakra

*Location:* Base of spine

*Power Acquired:* Security; prestige; sanctuary

*Vedic Mantra:* Lam

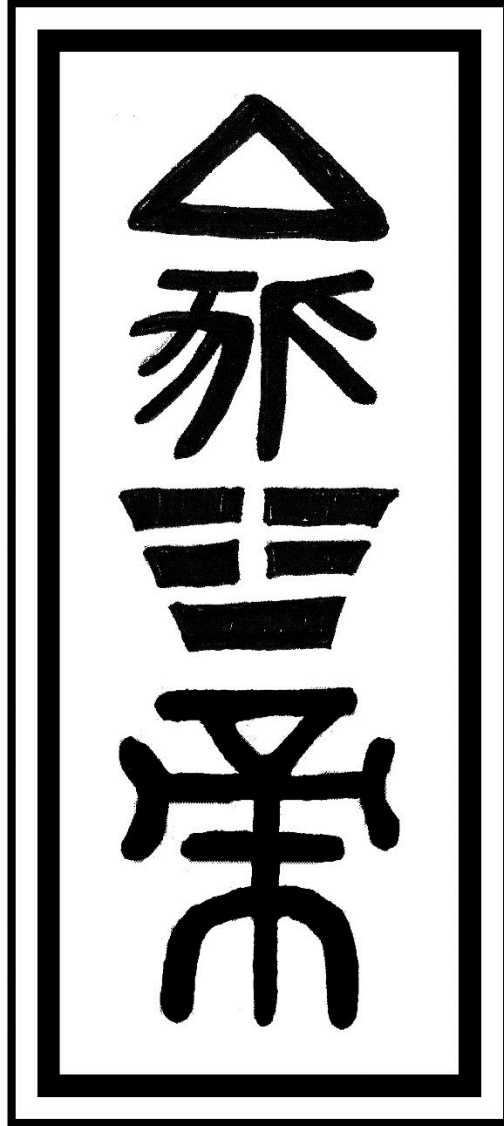
##### Heart Chakra

*Location:* Chest

*Power Acquired:* Emotional fulfillment; love

*Vedic Mantra:* Yam

## Elemental: Fire



### Activating Fire and Fortifying the Personal Energetic Field with Fire

Fire is the metaphysical force that manifests the personal dynamic power of authority where you are perceived by others to be an expert in your field. Cultivate a stronger fountainhead of dynamic Fire power inside of you to advance your credentials, develop a stronger portfolio of skill sets for professional and personal success, and to win over trust.

#### CHAKRAS TO ACTIVATE FOR INNER ALCHEMICAL CULTIVATION OF FIRE

##### Root Chakra

*Location:* Base of spine  
*Power Acquired:* Security; prestige; sanctuary  
*Vedic Mantra:* Lam

##### Sacral Chakra

*Location:* Pelvic area  
*Power Acquired:* Confidence; posterity; passion  
*Vedic Mantra:* Vam

##### Solar Plexus Chakra

*Location:* Naval area  
*Power Acquired:* Individuality; personal power  
*Vedic Mantra:* Ram



## Elemental: Water



### Activating Water and Fortifying the Personal Energetic Field with Water

Water is the metaphysical force that manifests the personal dynamic power of charisma, to gain loyal followers, to wield referent power, and to have the power to inspire or motivate others. Cultivate a stronger fountainhead of dynamic Water power inside of you to attain the power of influence, the power of effective soft power, pulchritude, beauty, and grace.

#### CHAKRAS TO ACTIVATE FOR INNER ALCHEMICAL CULTIVATION OF WATER

##### Sacral Chakra

*Location:* Pelvic area

*Power Acquired:* Confidence; posterity; passion

*Vedic Mantra:* Vam

##### Heart Chakra

*Location:* Chest

*Power Acquired:* Emotional fulfillment; love

*Vedic Mantra:* Yam

##### Throat Chakra

*Location:* Throat, neck area

*Power Acquired:* Personal, social, intellectual expression

*Vedic Mantra:* Ham

## Empress Mother of the West



### **Empress Mother of the West: The Dark Goddess**

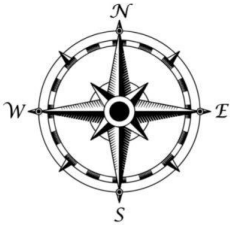
*You are connected to me and I will guide you.  
I answer through omens that I place in your path.*

The earliest record of the Empress Mother dates back to 1500 BC. She is associated with magic and exemplifies the divine feminine, but unlike the common Western depictions of the “divine feminine” as soft, nurturing, or demure, the Empress Mother is a fearsome dark goddess. She can be called upon to bring chaos and destruction to your enemies. She is the goddess of longevity, immortality, and shamanism. Female shamans and those who practice witchcraft often dedicate themselves to her and call upon the Empress Mother as their patron deity. She endows those who call upon her with the ability to see and travel beyond the veil, to wield the powers of both creation and destruction, and to achieve immortality. The Empress Mother is associated with the autumnal equinox and the planet Venus. Her animal spirit is the white tiger and black three-legged crow.



## Four Directional Deities

### THE FOUR CARDINAL WATCHTOWERS IN THE TAOIST TRADITIONS



NORTH	<b>Bei Di</b> , God of the North	Water Mercury	Black Tortoise <i>Career, academics, civic</i>
SOUTH	<b>Zhu Rong</b> , Goddess of the South	Fire Mars	Red Phoenix <i>Happiness, love, security</i>
EAST	<b>Dong Wang Gong</b> , Grand Duke of the East	Wood Jupiter	Azure Dragon <i>Ancestors, money, wealth</i>
WEST	<b>Xi Wang Mu</b> , Empress Mother of the West	Metal Venus	White/Silver Tiger <i>Battle, fertility, power</i>

# Fu Talisman for Business and Financial Gains

# 福



日日有见財

Rì Rì Yǒu Jiàn Cái

“Every day, encounter riches.”

蝠子天來

Fú Zǐ Tiān Lái

“A bat arrives from heaven”  
(Blessings of fortune and prosperity)

生意興隆

Shēng Yì Qīng Lóng

“May business flourish”

For those seeking to accrue blessings of prosperity, financial gains, and success for their businesses and commercial ventures in 2018, the above Fu talisman inscribed into the day planner I carry with me every day has always brought me good luck. Inscribing the sigil into your book empowers the book and all that you do or craft with the book to usher in riches, a flourishing business, and the success you seek to manifest. Three classic Chinese mantras are provided as well, with pronunciation and translations. Integrating the mantras into your daily ritual work will help with money manifestation.



## Grand Duke of the East

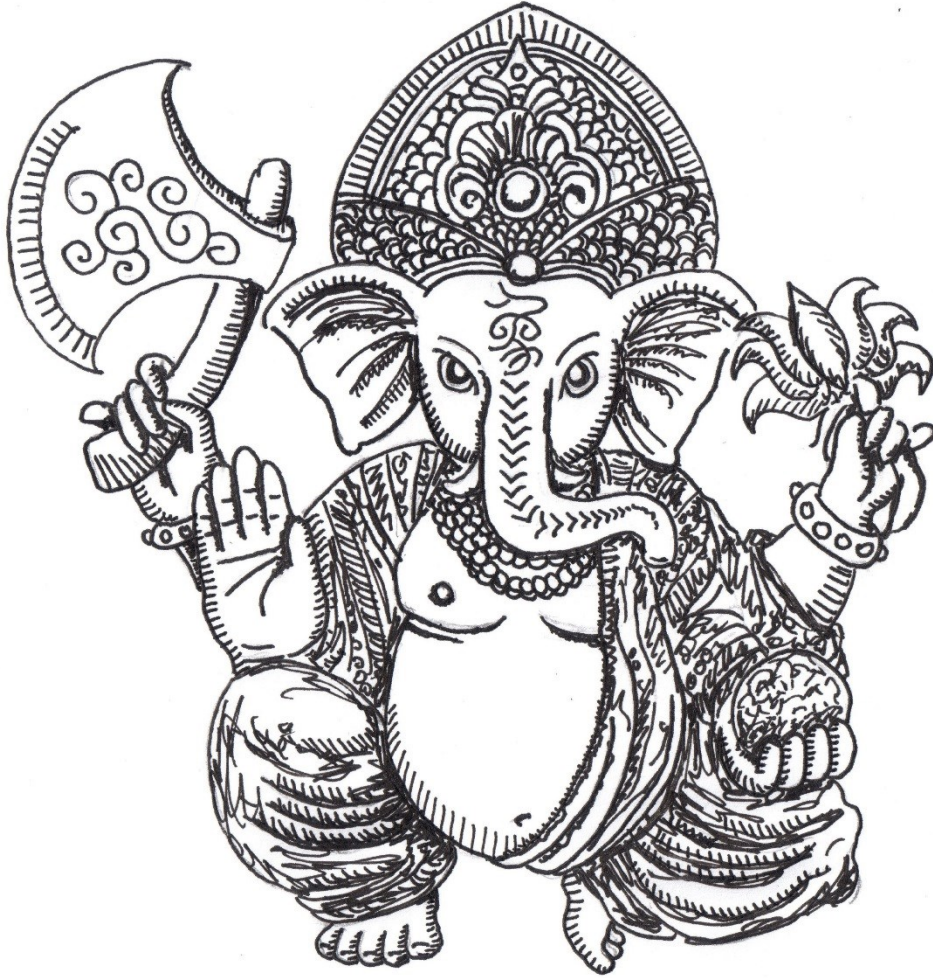


### Grand Duke of the East

The Grand Duke of the East oversees the registry of Immortals. He is also in charge of Man in the trinity of Heaven, Earth, and Man, and is thus connected to all human activity, in particular the rise and fall of human civilizations. In ancient Chinese Taoist mythology, the Grand Duke of the East was originally a goddess, or in female form, who created mankind. Once the goddess created mankind and mothered us, our creator then transformed into a male form to become venerated as a god, and the father of mankind. He then allied with the Empress Mother of the West, a powerful dark goddess, and together they reigned the celestial kingdom.

The Grand Duke of the East is the knower of all names in all realms, so if you seek to know the name of an entity, whether that entity is another human, living or dead, a celestial entity, or a demon, call upon the Grand Duke to give you that name. He is also associated with ancestor worship and past lives. Call upon the Grand Duke to connect with ancestors or to connect with your memories of past lives. Finally, the Grand Duke is connected to ascended masters. When invoked, he can help you connect with your ancestors. The god is associated with the spring equinox, and brings wealth, prosperity, and material gains. His symbol is the azure dragon and is associated with dragons.

## Ganesha



MANTRA TO INVOKE GANESHA FOR  
REMOVING OBSTACLES BLOCKING SUCCESS

### **Om Gum Gana Pata Yei Namaha**

Ganesha (Ganapati) is an inner deity who can be invoked to clarify our karma and remove the obstacles that stand between us and our highest goals. Patron deity of scribes, writers, intellectuals, scholars, and bankers. Kartika wielded by Ganesha cuts away that which binds us. The mantra brings wealth, abundance, and prosperity. Invoke Ganesha to help remove obstacles and clear your path toward success and achievement. He will use his kartika to cut bondages that cause your suffering and destroy all your hardships.



## Glory and Greatness Talisman



### GLORY & GREATNESS TALISMAN TO ENSURE SUCCESS

When you seek to add energetic support to an endeavor to ensure success, greatness, or victory, copy the above Fu talisman by hand onto a piece of paper through the course of ritual work (i.e., first establish your sacred space and connect yourself to that greater collective pool of universal energy), then roll it up into a scroll, and tie with red string. The scroll has the effect of a potent energetic battery that “charges” your personal environment with the energy you’ve programmed into it. Near the top of the sigil design, you’ll see three connected circles representing the sacred trinity. To the left is the glyph for moon. To the right is the glyph for the sun. Below is the oracle bone script for Divinity. Within the bell are the Chinese oracle bone script characters for “victory,” “wealth and great riches,” “fortitude and strength,” and “glory.” In my personal practice, I’ll light incense, a candle, envision a beam of light from the crown of my head connecting upward, and then white light energy descending down from the connection I sent up, traveling down through my arm, out my fingertips, and into the sigil I’m drawing, empowering it into the talisman. I visualize my intention materializing and coming into being. One reliable way to determine whether your craft was effective is through emotion: it should be an emotionally-charged experience and leave you a touch emotionally exhausted.

## Health and Wellness Talisman



THE SUTRA OF THE MEDICINE BUDDHA

南無消災延壽藥師佛

Ná mó xiāo zāi yán shòu yào shī fó.

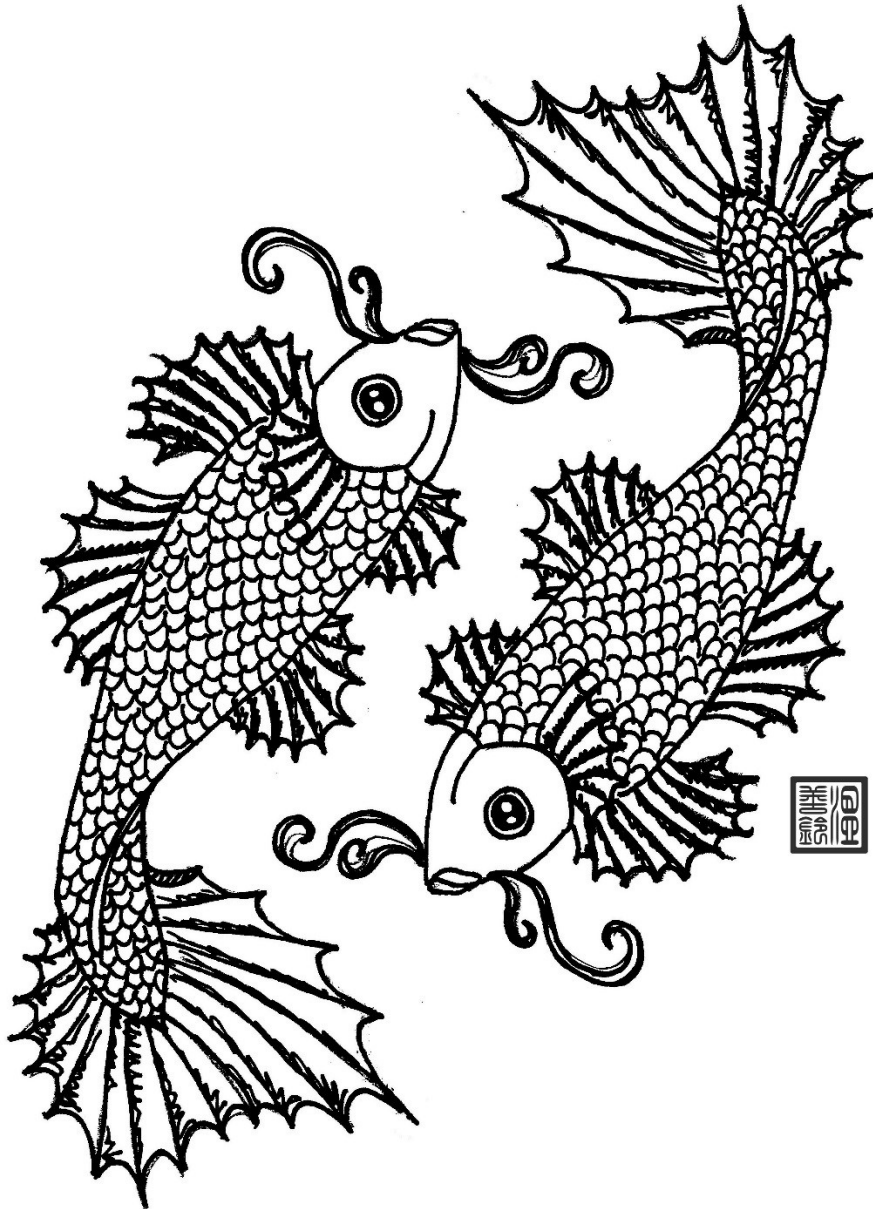
Om bhaishajye bhaishajye maha—  
bhaishajya samudgate svaha.

“I invoke the venerable Medicine Buddha to cure  
All misfortune and to prolong health and wellness.”

Set a gemstone or pendant upon the Longevity Seal above, hover your dominant hand over the object, and visualize your crown chakra illuminated and activated. Petition the Medicine Buddha with the foregoing sutra recitation. A full moon ritual every lunar cycle for one year petitioning the Medicine Buddha while enchanting your object will infuse it with potent healing powers and bring you the good auspices of health and wellness.



## Koi Fish (Secular; Non-Denominational)



An old Chinese tale goes like this: a koi fish dreamt of being a dragon. All the other animals mocked him for his quixotic fantasies. Every day the koi fish prayed to the heavens to become a dragon. One day heaven answered his prayer. The Jade Emperor told the fish that if he could swim up a certain formidable waterfall, then the heavens would grant the koi his wish. That condition, though, seemed impossible to achieve. Yet every day, tirelessly and with great tenacity, the little fish worked hard at scaling that waterfall. The other animals mocked him even harder now. Nonetheless, the fish persisted. Then one day, against all odds, the koi fish made it up the waterfall to the top. Honoring the promise, the Jade Emperor transformed the koi fish into a celestial dragon.

Likewise, when you are willing to work against all odds toward your dreams, against what you thought was your limit and nature, the gods will honor you for your tenacity and transform your greatest fantasies, no matter how quixotic, into reality.

## Kuan Yin



### MANTRA TO INVOKE KUAN YIN

**Namo Kuan Shi Ying Pusa**

|

**Namo Avalokiteshvaraya**

Kuan Yin is the bodhisattva of compassion. She appears to those who invoke her for mercy or help, irrespective of religious beliefs. She appears unconditionally for all whose hearts are sincere and alleviates them of their pain. Rather than adhere to karmic justice, Kuan Yin shows mercy and through mercy, seeks to move people's hearts toward compassion. Thus, she bestows blessings upon you, no matter your karma, in the hopes that you will then in turn bless others, exercise greater compassion, and spread the word of unconditional love. To invoke Kuan Yin, recite her mantra. The one to the left is in Mandarin Chinese; the one to the right is in Pali.



## Lady of the Ninth Heaven



The Lady of the Ninth Heaven is likened more to an archangel than a deity. She is associated with the phoenix and kingfisher feathers, a master of military strategy and magic, and was venerated by the Yellow Emperor, the first emperor of China, who knelt before her. She taught the Yellow Emperor the art of war and the art of spell-casting so that he might defeat his enemies. Her symbols are the sword and the gourd of healing. Today she is venerated as a goddess of high magic and intellectual prowess. In personal ritual, focus on her image above to connect to her. Call upon her for support in forms of combat and in magical practice.

### PETITIONING AND ATTUNING TO THE LADY OF THE NINTH HEAVEN

I call upon Jiu Tian Shwen Nu, the Lady of the Ninth Heaven, disciple of the Empress Mother of the West, to lend me the spirit and power of your sword, so that I may be strong, fearless, indomitable, to cut through all obstacles, and lend me the spirit and power of your gourd, so that I may heal those who are wounded and repair that which is broken. Na mo Jiu Tian Shwen Nu, send to me the power to change that which I seek to change.

## Marici



### THE MANTRA OF MARICI

#### **Om Marici Svaha**

*(om mah-lee-chee suh-vah-ha)*

Marici (Marishiten or Dou Mu) is a bodhisattva and goddess of the Light and the sun, associated with the chariot and the Big Dipper. She is the heavenly healer, called upon to alleviate ill fates and misfortune. Marici is a protection deva, invoked to shield, guard, and protect, often venerated by the warrior class. She is the bodhisattva invoked for self-mastery and for those seeking to cultivate supernatural powers. She is also called upon for protection and guidance while traversing the netherworlds. Her many faces symbolize her omniscient presence. In each of her eight arms she wields a weapon of war or magical tool. Marici is associated with the colors red and gold, and this particular expression of a pan-Asian solar goddess is the one depicted by Indian, Hindu, Chinese, Taiwanese, esoteric Buddhist, and Taoist cultures.



Om Mani Padme Hom

ॐ मणिपद्मे हूँ



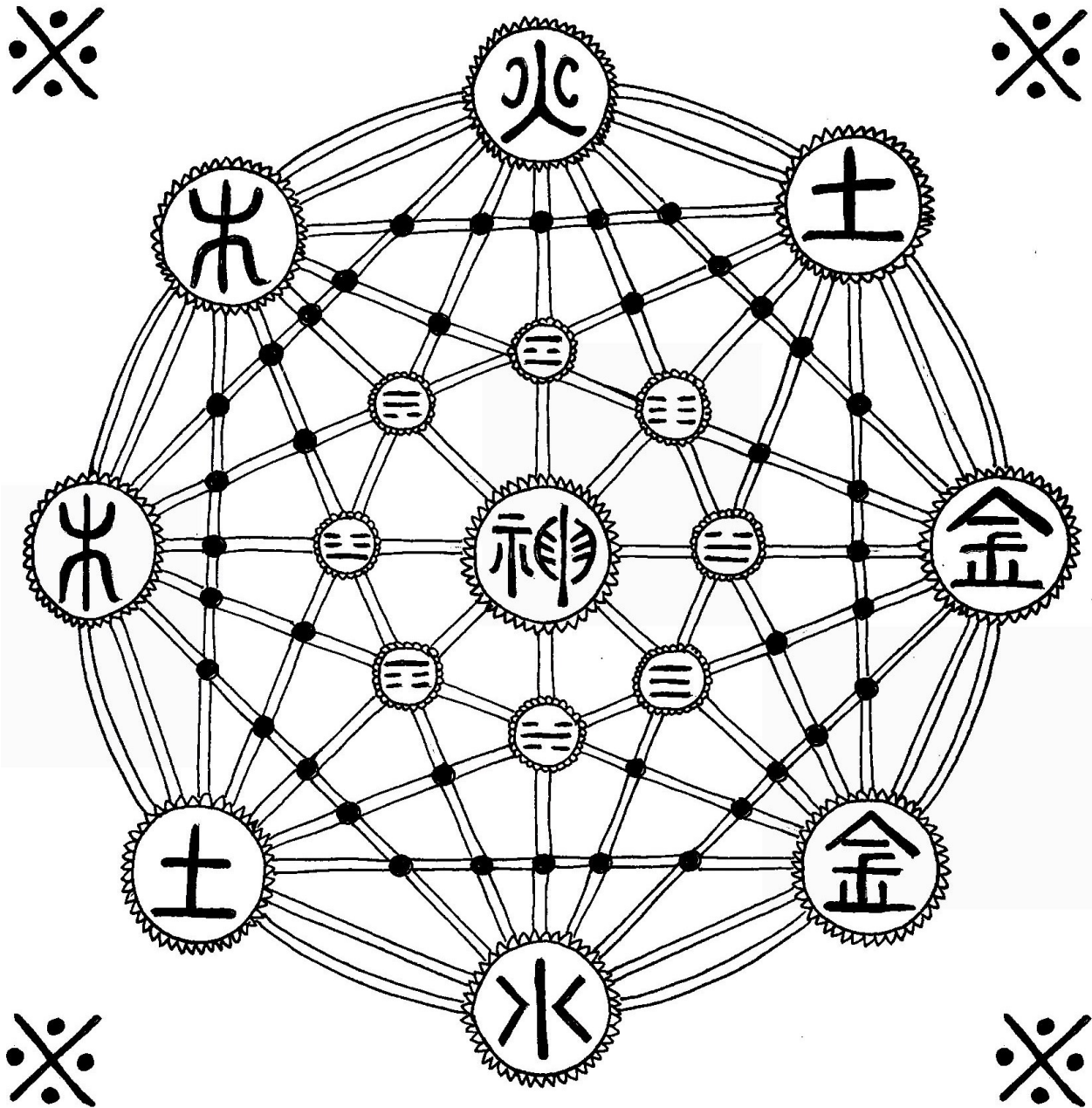
THE MANTRA OF AVALOKITESHVARA

## Om Mani Padme Hom

Avalokiteshvara, or Kuan Yin, is the manifestation of mercy and compassion consciousness. Green and White Tara were born from the tears of Avalokiteshvara. The mantra of Avalokiteshvara, or the mantra of Kuan Yin, is used to cultivate compassion consciousness. For psychic and spiritual purification to detoxify, clear, ground, and shield, recite the mantra of Kuan Yin 108 times in a monthly full moon ritual. The mantra can also be used to consecrate water. The practitioner places the giving hand into the water, submerged, recites the mantra 1,188 times (or 11 rounds of the 108 mala prayer beads), and the water becomes consecrated into Holy Water. Per many sects of esoteric Buddhism and Taoist magical traditions, the mantra of Avalokiteshvara is the go-to tried-and-true method for shielding, psychic protection, and magical defense. Most Holy Water is also consecrated through the mantra of Avalokiteshvara.

## Qi Energy Crystal Charging Grid

### QI (LIFE ENERGY) CHARGING GRID



From the top medallion clockwise, the glyphs are derived from Chinese oracle bone script for the Wu Xing or five phases: Fire, Earth, Metal, Metal, Water, Earth, Wood, and Wood. The inner circle of Ba Gua trigrams are the Later Heaven Ba Gua. The center point is the fountainhead of Qi energy. Place jewelry, a pocket stone, or charm at the center medallion. Along the other medallions, arrange stones as you would a crystal grid. Leave overnight during a moon phase and moon sign that corresponds with the intention. Doing so empowers the jewelry, pocket stone, or charm with stronger life force as a metaphysical supplement for success.

# Roster of Chinese Fu Sigils for Spell-Crafting

## ROSTER OF TAOIST FU SIGILS FOR SPELL-CRAFTING



**Red Phoenix**

Animal totem for the spirit guardian of the South. Gives the power of creation. Tasked to watch over the summer, noon time, and empowered by Fire.



**Azure Dragon**

Animal totem for the spirit guardian of the East. Gives the power of manifestation. Tasked to watch over the spring, the morning, and empowered by Wood.



**Dark Tortoise**

Animal totem for the spirit guardian of the North. Gives the power of clairaudience. Tasked to watch over the winter, midnight hours, and empowered by Water.



**White Tiger**

Animal totem for the spirit guardian of the West. Gives the power of clairvoyance. Tasked to watch over the autumn, the evening, and empowered by Metal.



**Wood**

Artistic endeavors, writing projects, teaching, academia, healthcare, arts and culture. Use to sprout or grow. Raises creative energy and fertilizes.

Eyes, liver, gall bladder, abdominal area, tendons. Emotions of anger, goodwill, charity, benevolence. Thumb.

Supports Fire  
Defeats Earth



**Metal**

Law and policy, writing, rhetoric, academics, sciences, military strategy, warfare, weaponry. Use to reap. Use to raise destructive energies. Banishment, releases, cessation, severance, slaughter, abatement.

Nose, respiratory system, lungs, large intestines, skin conditions; olfactory. Emotions of courage, conviction, empathy. Ring finger.

Supports Water  
Defeats Wood



**Fire**

Innovation, leadership, government, politics, technology, performing arts. Use to bring to completion. Use to optimize full potential.

Heart, pulse, blood, circulatory system, sweat glands, small intestine; sense of touch. Emotions of passion, sexuality, joy. Index finger.

Supports Earth  
Defeats Metal



**Water**

Raising intuition, spiritual endeavors, psychic development, diplomacy, international relations, and artistic fields. Public relations. Raises the ability to subdue another through soft power. Amplification, empowerment, divination.

Skeletal system, bones, kidneys, urinary tract, ears, hearing. Emotions of fear, peacefulness. Intuition. Pinky finger.

Supports Wood  
Defeats Fire

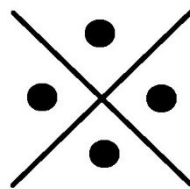


**Earth**

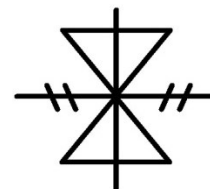
Law, business, finance, real estate, securities. Fertility; marriage. Use to bring to completion. Use to optimize full potential. Use to fertilize.

Digestive system, spleen, muscles, immune system; sense of taste. Emotions of security, love, nervousness, depression. Middle finger.

Supports Metal  
Defeats Water



**Four Directions  
Protection Glyph**



**Dao Shi  
Power Cross**



**Petitioning Glyph  
For Thunder Magic**





**Academic Success Fu.** Stylized sigil based on a blessing mantra to study and prevail in academics as Mencius did. Used for passing examinations and to succeed in academic pursuits.



**"Attract Wealth and Summon Treasures."** Stylized glyph of a mantra for manifesting prosperity, higher income, financial gains, and abundance of resources.



**"Every Day Encounter Riches."** Used in money manifestation and to increase personal financial prosperity. Use in talismans for attracting business and commercial success.



**Creative Power.** Use to launch a creative endeavor, garner power, and bring about creative advancement. Can also be used to rejuvenate cells and regenerate physical vitality.



**Gaia.** Used to facilitate safe shamanic journeying. Aids in pregnancy and childbirth to increase fertility and ensure safe labor. Can be used to foster closer attunement with Gaia.



**"Great Success and Achievement of Ambitions."** Spell stylized into a sigil for career advancement, a promotion, or high professional achievement. Use to manifest specific outcome of glory.



Rat



Ox



Tiger



Rabbit



Dragon



Snake



Horse



Sheep



Monkey



Rooster



Dog



Boar



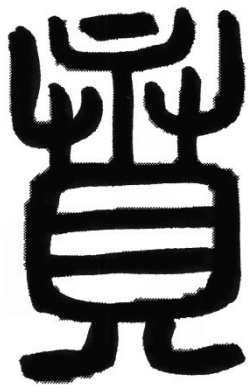
**Healing.** Use in spell-crafting to improve physical health or facilitate healing. Heals emotions and spirit first, at the root, to then foster physical healing.



**Release and Unravel.** Use to cut cords, to detach from something you were otherwise tethered to. Use to unravel a confusing situation. Untie, detach, sever, release, cut away from.



**Stabilize.** Reign in. When extenuating conditions and surrounding energies are volatile, use this sigil in spell-crafting to stabilize the situation, slow it down, bring steadiness.



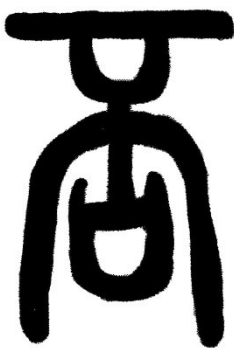
**Pulchritude.** Use to enhance beauty, attraction, social popularity, and charisma. Use to raise one's public image or reputation.



**Affinity.** Use in love spells, to attract healthy romance, and to encounter that one person who is most compatible.



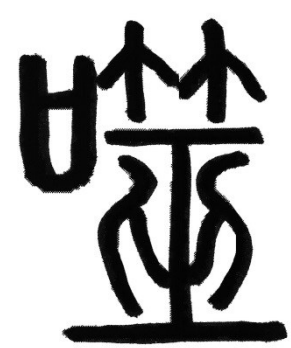
**Serenity.** Use to restore balance, in particular work-life balance. Use to cultivate peace of mind. For calming anxiety and nervousness.



**Binding.** Create an obstacle or impasse to thwart an opponent by writing the opponent's name above the top line of the sigil. Roll into a scroll, bind with twine, and either toss the scroll into flames to burn or bury it deep into the ground, placing a rock atop the burial.



**To Cause Decay.** Use to expedite the decay or degeneration of a matter. Can be used to spoil or infect with a poison or metaphysical virus. Use the sigil with sympathetic spell-crafting to further give power to that spell. Can be used in a non-harm manner, to bring an end to what no longer serves.



**To Devour, Bite Through.** Invoke the spirit of a predatory animal, such as a wolf, tiger, lion, hawk, or even dragon and craft a specific intent spell integrating the sigil to embody the predator, not the prey. Use as a last resort when all remedial measures have failed. Use to defeat an enemy.

## Seal of Lao Tzu

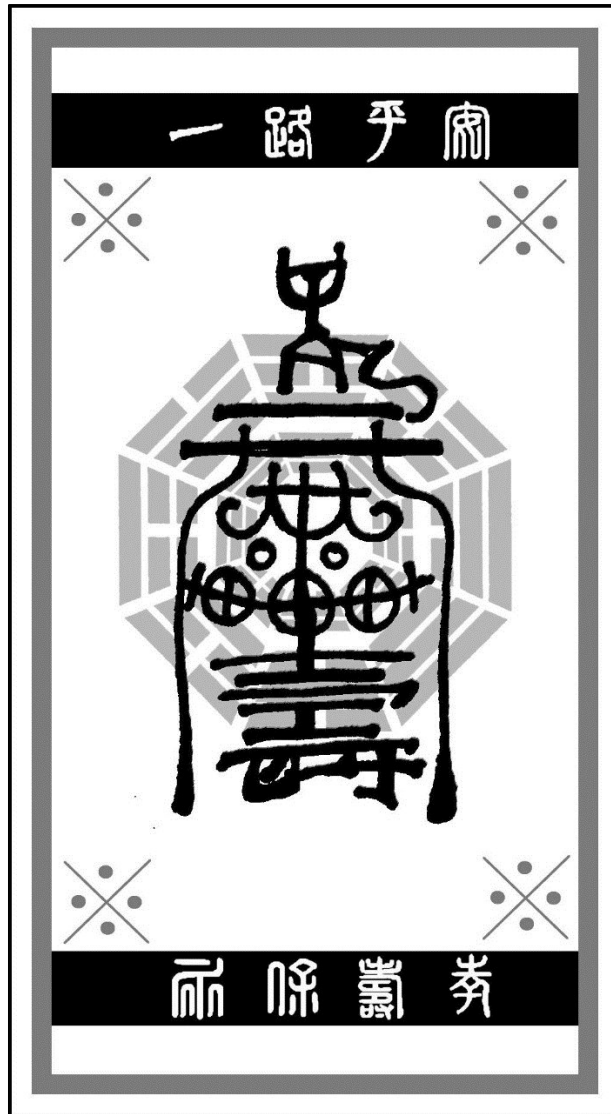


### THE SEAL OF LAO TZU

The Seal of Lao Tzu, also known as the Lao Tzu talisman, is a sigil found in several medieval Chinese Taoists magical texts (and further cited in my book *The Tao of Craft*) used by fortune tellers, mediums, and psychics to help strengthen their intuitive powers. In Taoism, Lao Tzu is immortalized and called upon as an ascended master to help current mortal practitioners of craft. The Seal of Lao Tzu is used to amplify your psychic and mediumship abilities and to heighten the accuracy of your divinatory readings. When in need of a psychic boost or reboot, place your receiving hand over the seal printed on the page, close your eyes, and feel your crown chakra open. Envision a beam of white light from above descend down and connect to your crown chakra, stream down through your body, down your arm, out your hand and into the seal on the page, illuminating the seal. Feel its warmth beneath your palm. Visualize the illuminated seal now empowered to reflect energy back into you and feel the surge from the seal entering your palm, up your arm, toward your third eye chakra, warming and stimulating your third eye. When you feel rejuvenated, remove your hand and close the white light beam of connection. The exercise will help rejuvenate your psychic energy.



## Travel Protection Talisman



一路平安

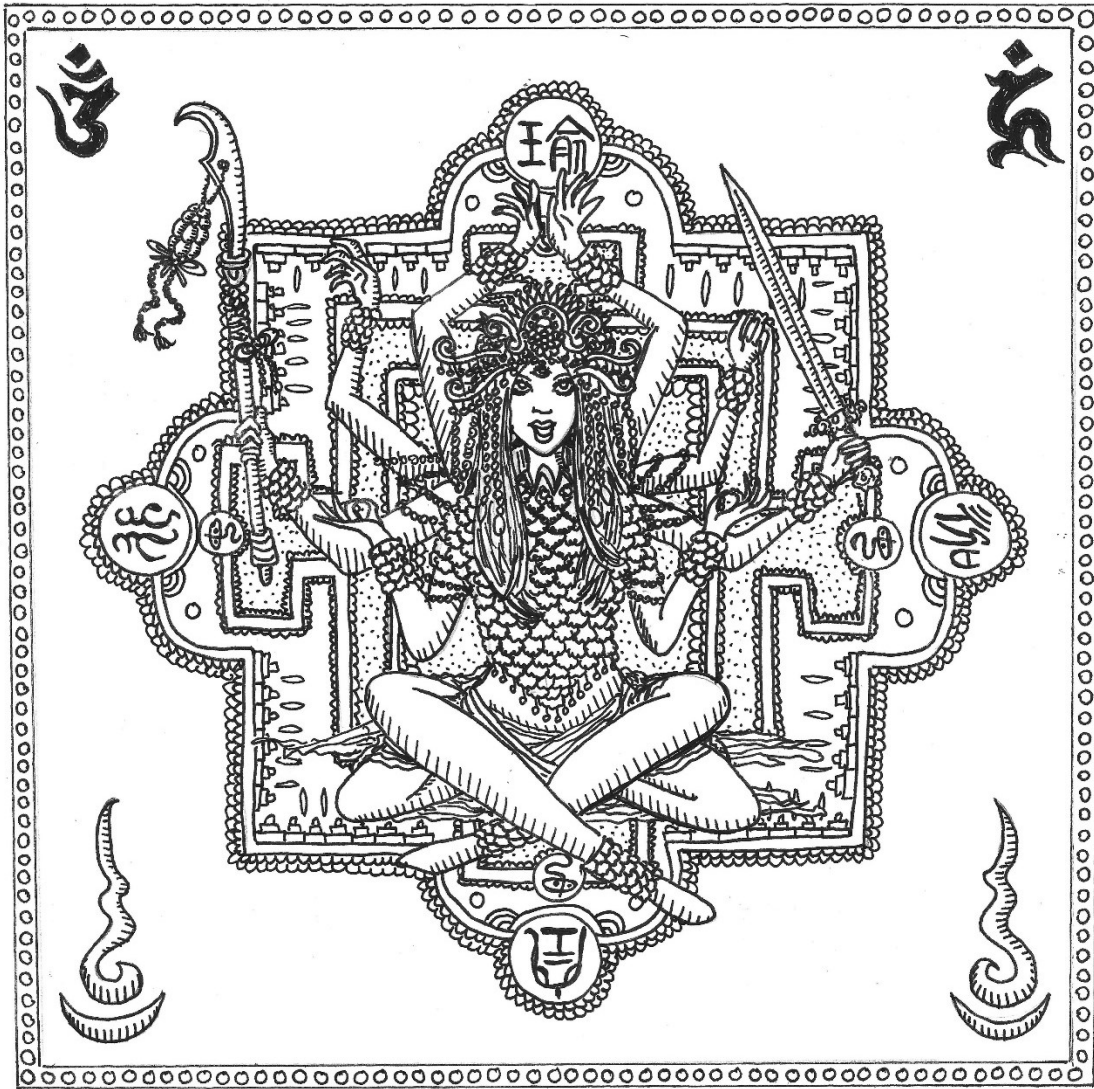
Yī Lù Píng Ān

*Safe journeys in all travels.*

A travel protection talisman inscribed into your book so that where this book goes, a shield of protection for safe journeying will accompany you. Make reproductions of the talisman to incorporate into spell-crafting for protection over your vehicles or to tuck into your luggage when you travel.

## Vajrayogini

ॐ वज्रयोगिनी ह्रूं ङ्क् सुं ह

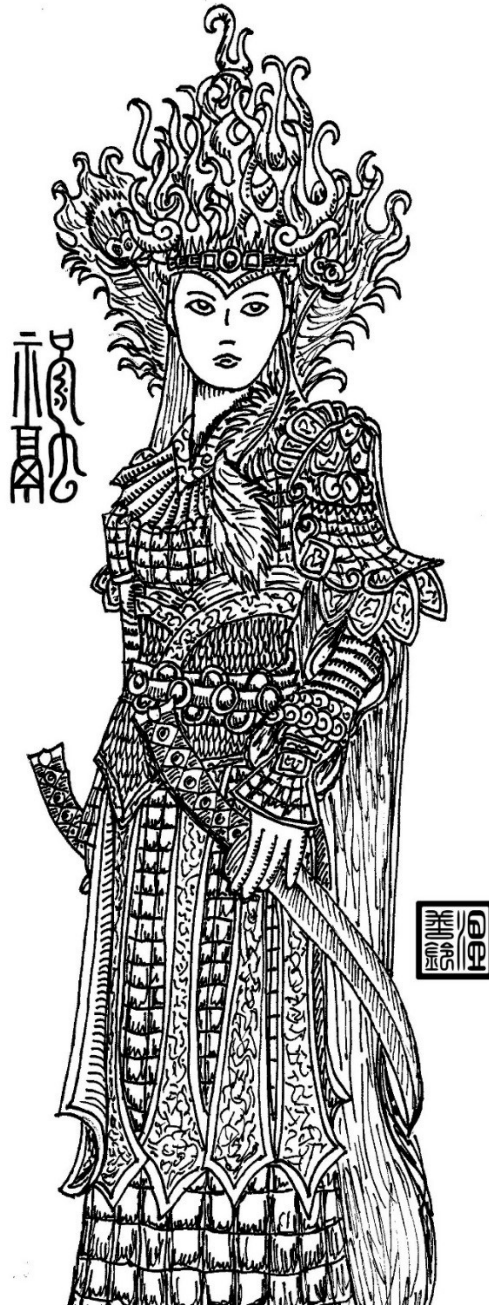


### THE VAJRAYOGINI MANTRA OF THE GREAT MOTHER

#### **Om Vajrayogini Hum Phat Svaha**

In esoteric Buddhist practice, invoking Vajrayogini, the Great Mother, is considered one of the most powerful and secretive occult mantra practices. Routine cultivation with the Vajrayogini mantra enhances magical and psychic power. Vajrayogini is a female ascended master depicted with a third eye, wielding weapons in preparation for spiritual warfare, and is considered a solitary heroine. She is known as the sky dancer. She represents the consciousness of the magi, the shaman, the sorceress—a fierce creator and destroyer. To cultivate Vajrayogini consciousness, visualize a dark goddess energy in maiden form dancing within a four-gate mandala and maintain that visualization through 108 recitations of the Vajrayogini mantra. Visualize red luminescence and vitality stimulating all of your chakras in that red auric field. Routine Vajrayogini cultivation strengthens personal vitality, physical health, and both psychic and shamanic abilities. It enables a practitioner to better control one's innate powers and to help activate latent talents. Vajrayogini is associated with solar eclipses. Religious scholars have long speculated that Vajrayogini is a Buddhist expression of the Hindu goddess Kali, as the scriptures, religious texts, sutras, and mythology of both are strikingly similar.

## Zhu Rong



### **Zhu Rong: Keeper of the Sacred Southern Fire**

*Embody the warrior spirit.*

*Focus on a defined purpose. Be strong and fearless.*

*You are connected to me and I will guide you by the light of the Sacred Fire.*

*I answer through omens that I place in your path.*

The directional deity of the south who guards the sacred fire has been represented as both male and female. Here she is represented as a goddess, who began life as a woman warrior and then was later immortalized. Zhu Rong is called upon for success in combative situations, conquests, to ensure victory, attain glory, achieve gains in status, and attaining honors. Associated with the summer solstice and the planet Mars, she appears to those attuned to the summer season or Mars, and to those who possess strength of character, courage, and fearlessness.