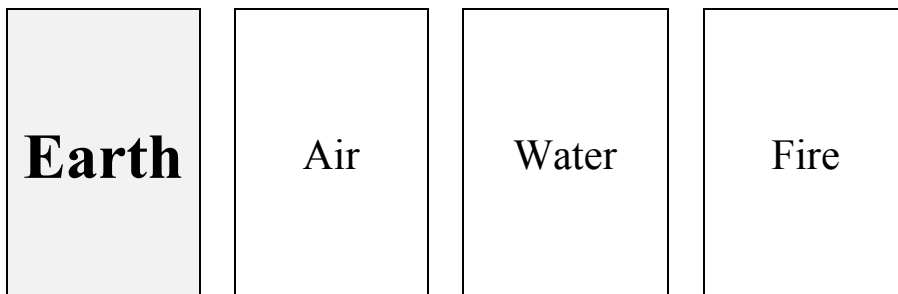


## ELEMENTAL KEY



Your elemental key for the year ahead is **EARTH**.

The metaphysical energy of this element will enable you to achieve your goals more proficiently and with less obstacles this coming year, so fortify your personal energetic field and your personal environment with this element.

<i>Gemstones Corresponding Metaphysically with Earth</i>		
Bronzite Dark Agates Dark Jaspers Emerald	Green Aventurine Hematite Jade	Mookaite Jasper Moss Agate Smoky Quartz

Consider selecting a stone from the list above and keeping it with you at all times, in a pocket, in your handbag, or even investing in a larger piece to place near you by your night stand, while you sleep. A simple tumbled pocket stone empowered during a waning crescent or third quarter moon under a zodiac sign corresponding with Earth (Taurus, Virgo, Capricorn), where you call upon your expression of Divinity to infuse that stone with blessings, would be perfect. (Waning crescent or third quarter moons correspond with Earth and also will draw out the negative or unwanted energies that obstruct your path or challenge your security and foundations.)

The Chinese, among many other cultures, believe strongly in color symbolism, color therapy, and the notion that colors emit certain vibrational frequencies that can affect energy. Thus, wearing certain colors throughout the year and consideration of such colors in your routine wardrobe can help as energy supplement. For you, activating colors include greens, golds, and browns. Accessorize with accents of this color to activate your personal attunement to Earth through color wavelengths around you, anywhere and everywhere you go.

Aromatherapy through essential oils or incense corresponding with your elemental key will saturate the space you occupy with the metaphysical energies and powers of your elemental key. Cooking more routinely with these herbs will also fortify your personhood with this power element.

Herbs, Incense, or Flora Corresponding Metaphysically with Earth		
Cedarwood Patchouli Pine	Cypress Pomegranate Valerian	Vetivert Alfalfa Oakmoss

Animal Totems to Summon for Support		
Bear Buffalo Bull Coyote Deer Dog	Elephant Gargoyle Goat Koala Ladybug	Opossum Rabbit Raccoon Sloth Wolf

I like to work with the energies of spirit animals. Animals can teach us so much about the skills and powers we need to achieve success. Consider the animal totems that correspond with your elemental key and how you can work with these spirit animals to take in the shamanic medicines they have to offer.

If ritual work with the moon appeals to you, then collect a stone or rock you come across along your ordinary path and take it home with you, then when the moon sign is in Taurus, Virgo, or Capricorn, and the phase is a last quarter moon, visualize this last quarter moon in the sky, saturated with the color green, and visualize yourself directly beneath that green moon. Then a beam forms from that colored moon, descends down toward your crown, and you become activated with that green. Visualize yourself with a full-body green aura. If your eyes were closed for the visualization, now open your eyes and gaze at stone, as if you could scry into that rock. Gaze at the stone for as long as you can, concentrating on your elemental key. Then when you intuit that this procedure is near its end, place a handkerchief or ritual cloth over the stone to cover it. This simple exercise is a form of inner alchemy for harnessing energies from your elemental key. Perform it as many times as needed to give yourself an instant surge of the power element you need to optimize your everyday performance. It's an energetic means of bolstering you with the element corresponding with increases in financial abundance, achieving financial security, success in money matters, success in matters relating to home buying, renting a home, real estate, banking, or business gains and profit.

