



EPISODE ONE: EXPELLING MALEFIC ATTACHMENTS

## Mantra Recitation to Use During Fifteen-Day Expulsion Period

Verse from the I Ching Book of Changes:

Hexagram 35: Progress; Advancement

Fire  
Earth

晉  
Jin

離上坤下  
火地晉  
晉  
第三十五卦  
畫日三接  
康侯用錫馬蕃庶  
晉  
君子以自昭明德  
象曰：明出地上

魚 岬 羊 鳳 果 豐 漸 盞 躡 盞 盞 盞 觀 而 武

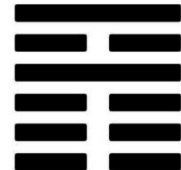
訟 師 比 漸 噬 賁 夫 咸

明出地上  
míng chū dì shàng

晉 君子以自昭明德  
jìn jūn zǐ yǐ zì zhāo míng dé

晉 火地晉  
jìn huǒ dì jìn

離上坤下  
lí shàng kūn xià



急急如律令  
jí jí rú lǜ lìng

晉  
Jin

濂 疾 保 豐 節 亦 節 升 漸 師

睽 睽

The Victory Protection Sutra  
From the Maha Jaya Mangala Gatha

魚 岬 羊 鳳 果 豐 漸 盞 躡 盞 盞 盞 觀 而 武

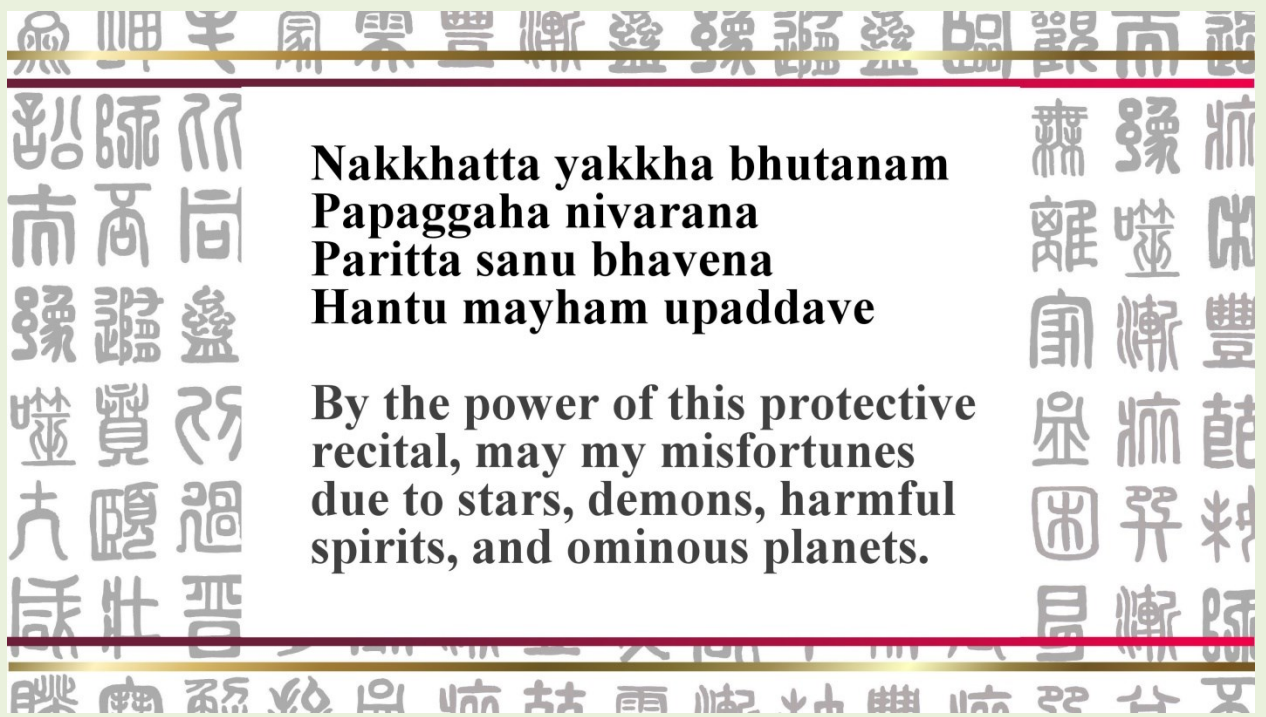
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**Nakkhatta yakkha bhutanam  
Papaggaha nivarana  
Paritta sanu bhavena  
Hantu mayham upaddave**

*Maha Jaya Mangala Gatha  
The Victory Protection Sutra*

濂 疾 保 豐 節 亦 節 升 漸 師

睽 睽



**Nakkhatta yakkha bhutanam  
Papaggaha nivarana  
Paritta sanu bhavena  
Hantu mayham upaddave**

**By the power of this protective  
recital, may my misfortunes  
due to stars, demons, harmful  
spirits, and ominous planets.**

*Note:* The episode illustrated use of an esoteric Buddhist mantra to Di Zhang Wang, a bodhisattva called upon for exorcisms and demon banishings. The prayer used was “Namo Dizhang Wang Pusa.”

Equivalents from Bible passages or passages from any sacred text, such as the Holy Bible, Koran, using Psalms, the Bhagavad Gita, Dead Sea Scrolls, or the I Ching Book of Changes can be used. Modify the instructions provided in the episode so they align with your own path and personal religious beliefs.

*Erratum:* At timestamp 19:01, the English translation appearing across the screen is incomplete. It should read: "By the power of this protective recital, may my misfortunes due to stars, demons, harmful spirits, and ominous planets be prevented and destroyed." (from the *Maha Jaya Mangala Gatha*, or *Great Verses of Auspicious Victory*, an exorcistic sutra). You can read more about the invocation on page 211 in my book *The Tao of Craft*.

**Full, corrected verse:**

**Nakkhatta yakkha bhutanam  
Papaggaha nivarana  
Paritta sanu bhavena  
Hantu mayham upaddave**

**By the power of this protective recital  
May my misfortunes due to stars,  
Demons, harmful spirits, and ominous planets  
Be prevented and destroyed.**